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FOR EVERY READER!
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**SNEAKY HOTEL
HOOK-UPS!**

NW



**Hello
BABY!**
**ADELE'S
PREGNANT
AGAIN!**



BUSTED!
November
22, 2015



**Gigi &
Zayn's**
**TOXIC
ROMANCE**
» Their 3-day bender
» Secretly dating
since August?

**So
thin!**

SCOTT CAUGHT WITH KENDALL!



**How stars
GET A FLAT
BELLY IN
MINUTES!**
Easiest secret ever!

Kourt's worst nightmare...
'Stay away from my sister!'

★HOT★ SHOTS

Lights, camera, crazy...
stars act up!

*'This bun's
rising nicely'*

*'Well, at least we're not
two-faced...'*

★THREE'S A CROWD!

Why stick with just one
Zendaya when you can
have three? The starlet
poses with her waxwork
lookalikes at Madame
Tussauds in San Francisco.

★PROUD PAPA!

A beaming John Legend
puts a protective had on
preggers Chrissy Teigen's
tum at the Shining A Light:
A Concert For Progress On
Race In America party in LA.





'Good job that I flossed'

★ FOXXY LADIES!

What better way to mark your birthday than taking a selfie with Jamie Foxx and Eva Longoria? Eva's pal Loren Ridinger celebrates in style at Miami's Cipriani Downtown restaurant.



'Oops!... I lit it again'

★ POWER STRUGGLE

Britney Spears pulls a giant lever - and a funny face - to turn on the Christmas lights at The LINQ Promenade in Las Vegas. Good work, Brit!



★ GONE TO THE DOGS

Kaley Cuoco and her furry friend hit the red carpet at The All-Star Dog Rescue Celebration in Santa Monica. Looks like this poser of a pooch has a taste for the limelight!

'Wait! You have to paws for photos!'

'Now, where are the cool cats hanging out?'

★HOT★ SHOTS

*'Left a little,
up a little'*

*'I'm always up
for the craic'*

'Eek, spider!'

★ PLENTY OF CHEEK

It's a full-on butt fest as ex-Playboy Mansion residents and twins Karissa and Kristina Shannon and Blac Chyna get hands-on at the opening of the GLAM Salon in Beverly Hills. They've got more booty than a pirate convention!

★ MIRROR IMAGE

Seth Rogen meets a very familiar face at the New York premiere of his Christmas comedy *The Night Before*. Is it just us or is he getting a bit big-headed these days?





★ GETTING HIGH

Jason Derulo jumps to it at his Sydney concert. If his singing career ever fizzles out he can always score a job in the NBA, because this guy's got some serious hang time!



'Are they ticklish?'

'Just shakin' my pole'

'A teapot with two handles!'

'Barman, make mine a double'



★ THE GUN SHOW

We breed them tough 'ere! Good sport Cate Blanchett shows off her puppies on *The Tonight Show Starring Jimmy Fallon*. Not only is she a great actress, she's brilliant at opening jars.

★ WELCOME TO THE JUNGLE

Sarah Hyland admires *The Lion King*'s famous baboon Rafiki's wild assets at a VIP screening of their flick *The Lion Guard: Return of The Roar* in LA.



CHILD'S PLAY!

This week we LOVE

They always say, 10's a crowd!



Will the real Adele please stand up...

SOMEONE LIKE YOU



'Hello, it's meee'



Check out the vids on our Facebook page!



Five large meatlovers...

A hilarious hitmaker!

It's no secret she's got the voice of an angel, but it turns out Adele has a cracking sense of humour, too! Back in the spotlight following the release of her third album 25, she brought the LOLs hard and fast on *The Tonight Show With Jimmy Fallon*. She belted out her latest hit *Hello* with Jimmy and The Roots playing kids' musical instruments.

Poking more fun at herself, the 27-year-old also got her disguise on for a BBC skit which saw her take part in an Adele impersonator comp. But you know you've really made it when Miss Piggy's a fan, releasing her own version of the *Hello* vid. Ha!

It's all about Adele!

Inside NW

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Yep, she's on our cover, she's here, she's everywhere right now! She doesn't even need a last name! So it's hard to imagine that once upon a time someone I worked with had no idea who the hell she was. OK, so that person is me. And yes, I admit it, about three or four years ago, I famously stopped midway through a meeting at work to ask a colleague, "Who the f**k is Adele?" Flash-forward, and after reading and listening to her latest round of publicity interviews, I'm officially hooked! Early adopter? Not me! Read about her new squad and those baby rumours on page 20.

Have a great week!

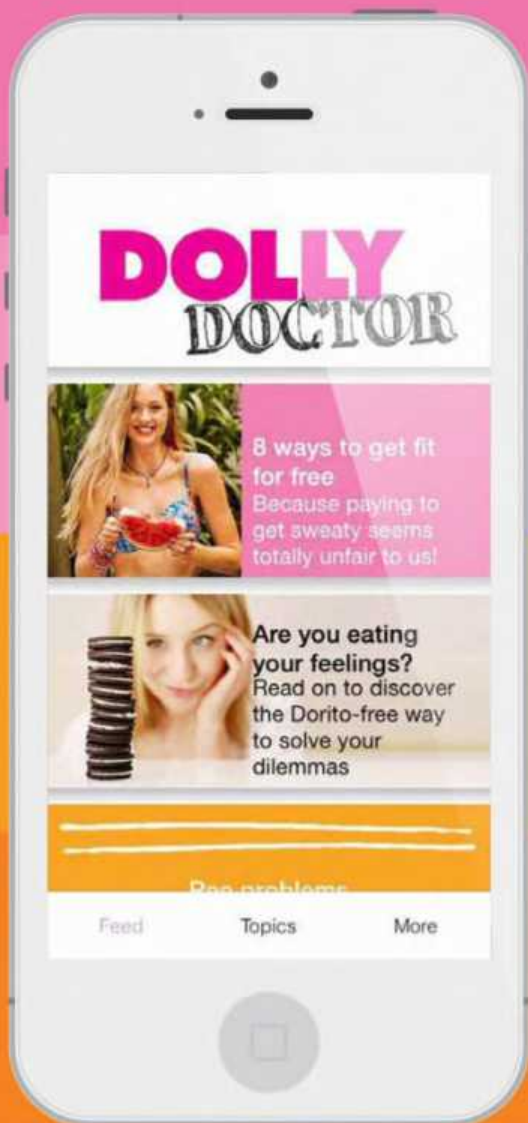
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Is Kylie PREGN

The real reason she

What split?! The baby shock that brought them back together

Just hours after news broke that Kylie Jenner and her rapper boyfriend Tyga had called it quits, the on-off lovebirds had already kissed and made up!

And now NW can reveal why – the 18-year-old reality star has been telling friends that she might be pregnant!

Kylie certainly seemed desperate to squash any talk of a split when she appeared on *The Ellen DeGeneres Show*.

“We’re not broken up,” she said, before gushing, “We became best friends before anything happened so I think that that’s awesome and we’re



Ouch! Kendall throws shade at Tyga at the AMAs

just like, I don’t know, hanging out, living life.”

But is that life about to include a mini Tyga?

If so, the baby news couldn’t have come at a worse time for the couple. Kylie is said to be “freaking out” after HIV-positive Charlie Sheen was linked to the same transgender porn star that Tyga allegedly had an affair with.

While Tyga’s denied claims he did the dirty on Kylie with Mia Isabella, it has set the Kardashians into a spin!

“Kris [Jenner] insisted that Kylie get to the bottom of this potentially life-threatening mess, so Kylie went straight to Tyga and confronted him,” says an insider.

Needless to say Tyga, 26, didn’t react well at all.

“Tyga flipped out and screamed at Kylie that she was crazy to believe that he’d been with Mia,” says the source.

Now sources are speculating the fallout could have been the

Tum-thing to tell us?

Ky looked suspiciously bumpy at the AMAs on November 22, just two days after making up with Tyga!



Kylie has been telling pals she’s preggers and her sis Khloe and the klan are rallying around her

WANT?

took Tyga back



reason why Kylie was snapped sobbing in the streets of LA on November 20 – after pointedly skipping Tyga’s 26th birthday party the previous night.

Pals say the baby news is only making things harder for Kylie as she struggles to deal with the endless speculation about her boyfriend’s cheating and whether he’s broke.

“She’s a total wreck,” says a close friend.

But if Kylie is pregnant and decides to keep the baby, at least she can rely on her supportive klan to help raise it – especially her 31-year-old sister Khloe, who’s been dying for a bub of her own for years.

And it sounds like Ky will need all the help she can get.

“The last thing she wants is to raise a child alone. She can’t face the idea of being a single mum. Her life is in turmoil right now,” says the insider.

“Plus, everyone knows she’s not capable of raising a baby – she’s too young and immature to be a mum.

“The good thing is she knows this better than anyone. The only logical person who could raise her baby is Khloe, everyone is on the same page about that at least, especially Khloe.”

Given that unlucky-in-love Khloe has admitted, “I’ve always wanted to have kids, I do think I would be a great mum,” it looks like she might finally get her chance! ■



AFTER
TYGA
SPLIT



AFTER
SCOTT
SPLIT



THEY ALWAYS BOUNCE TO BIEBER!

During her blink-and-you’d-miss-it split from Tyga, Kylie hit the town with her old friend Justin Bieber!

In a bid to take her mind off wayward beau Tyga, Kylie was escorted by Biebs to The Nice Guy restaurant in West Hollywood on November 20 – the same place Tyga had celebrated his birthday without Kylie

the night before. She and Justin, 21, then continued their wild soirée with pals at the swanky Hyde Sunset.

And Kylie isn’t the only Kardashian to call on Justin in their hour of need.

Her 36-year-old sister Kourtney was spotted dining with the Biebs at The Nice Guy in October after her split from Scott Disick!



Caught up in Charlie’s crisis!

So what’s got Kylie so freaked out? Transgender porn star Mia Isabella, 30, claims she and Tyga “dated steadily for a few years” when he was with Blac Chyna and then Kylie. Tyga denies her claims. Mia also says she was one of Charlie’s ex-girlfriends, admitting this is hard news to hear after the actor went public with his HIV diagnosis weeks ago. And Charlie’s past exploits appear to have been wilder than anyone thought after a video reportedly surfaced of him smoking a crack pipe and giving a male lover oral sex!

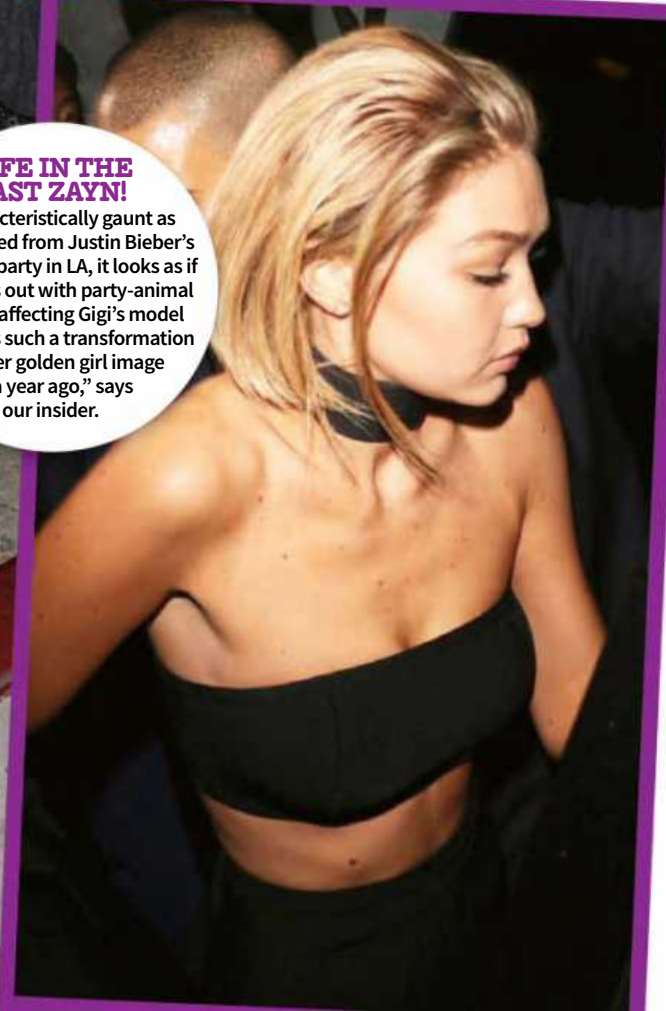




Gigi and Zayn's *TOXICRO*

LIFE IN THE FAST ZAYN!

Uncharacteristically gaunt as she emerged from Justin Bieber's AMAs afterparty in LA, it looks as if late nights out with party-animal Zayn are affecting Gigi's model looks. "It's such a transformation from her golden girl image of a year ago," says our insider.



Is the good girl going bad for her new love Zayn?

Gigi Hadid may have the face of an angel but the Victoria's Secret beauty just can't say no to a bad boy.

Hot on the heels of her split with hard-partying crooner Joe Jonas, 26, the model has jumped out of the frying pan and straight into the fire by hooking up notorious rager Zayn Malik, 22!

It's understandable, then, that an epic three-day bender with her new man following the recent American Music Awards has Gigi's inner circle freaking out.

As the pair canoodled in a car following the AMAs afterparty at West Hollywood's The Nice Guy — where they went public for the first time — the effects of their booze-fuelled romance were already starting to show, with the fresh-faced starlet looking weary and gaunt.



'Zayn couldn't keep his hands off her,' says an onlooker



Likewise, Gigi couldn't keep her eyes off Zayn on AMAs night!

ROMANCE

In fact, insiders say that behind-the-scenes the 20-year-old is starting to let things slip.

"Normally Gigi wouldn't be seen in public looking anything but picture-perfect," says our source.

"But lately, there have been times when she's gone out with dark circles under her eyes. She's always hungover. She's partying all night and sleeping a few hours during the day. She's not eating properly or taking care of herself."

Meanwhile, although it might seem like Gigi and Zayn's relationship has sprung out of nowhere, rumours suggest they first met in 2013 when they were introduced by Gigi's bestie Kendall Jenner, 20 – who was said to be dating Zayn's former One Direction bandmate Harry Styles, 21, at the time.

There are also whispers that Gigi and Zayn may have first hooked up at Kendall's sister Kylie Jenner's big 18th birthday bash in August, and that's what sparked her split from muso



THEN



Wasting away!

Onlookers were stunned as once-curvey California girl Gigi flaunted her rail-thin new look on the AMAs red carpet. "She's shrinking before our eyes!" noted one. So what gives? While she should be elated after her recent Victoria's Secret debut, we hear she's been in meltdown-mode since. "She felt fat by comparison, especially next to Candice Swanepoel," a source says. Another insider tells Star mag that Gigi's been curbing her appetite by "drinking a ton of Red Bull". Yes, that and a heap of partying!



NOW

Joe in early November.

But then crossover romances are something Zayn knows all about, given he's widely believed to have cheated on former fiancé Perrie Edwards with a gaggle of girls – including Swedish model Martina Olsson and tattooed fan Lauren Richardson – before they parted ways in August.

Sadly for Gigi's worried friends, it doesn't look like the fun-loving blonde is set to pull the pin on her new romance any time soon.



FRIEND OR ENEMY?

Did Zayn have an ulterior motive when he rocked up to Paris Fashion Week in June? Not only did he show Gigi some love from the frow at Valentino, but the singer even sidled up to Joe! Keeping his enemies close, we see!

"He might be no good, but Zayn's exactly Gigi's type," says our insider. "She doesn't care if her friends don't like him... She won't hear anything bad about him. Gigi thinks he's the hottest guy she's ever dated." ■

Joe vs Zayn GIGI'S GOT A TYPE

With their uncanny resemblance, it's clear Gigi likes her men buff, brooding and as naughty as they come! Bad-boy jacket, check! Hipster glasses, check! Cheeky grin, check! In fact, musos Joe and Zayn could just about be twins!



IT'S BEEN ON LIKE KONG FOR AGES!

Fans have long been gunning for a Gigi/Zayn hook-up, even photoshopping cute couple snaps and posting them online (above left). And now their dreams are a reality! The duo made their first outing together at an AMAs afterparty, but their dalliances may date back to August when the singer turned up to Kylie's 18th birthday in LA. Gigi was just two months into her relationship with Joe at the time! "Zayn spent most of his time with Kendall and Gigi!" a source reveals. What's more, days prior to the AMAs, they were seen leaving New York's The Bowery Hotel within 24 hours of each other, where it's since been revealed they spent two days holed up inside. Way to fly under the radar!

Gigi emerges from The Bowery Hotel on November 13, just hours after Zayn. The night before, the pair were spied in bed at the hotel, with Zayn smoking!



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for the silly season

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Rule #1 Stay Hydrated

It's an oldie but a goodie for a reason – it works. Alternate every alcoholic drink with a glass of water. Get into the habit by automatically ordering a glass of water every time you go to the bar.

Rule #2 Be Prepared

Keep Hydralyte sachets on hand. They're handy if you're feeling a little worse for wear after a long lunch, or feeling the effects of an afternoon out at the pub. Plus, they're small enough to slip into the sleekest of clutches, so you'll never be caught out.

Rule #3 Before Bed Ritual

Hydrating with Hydralyte before you go to bed – rather than when you wake up – will go a long way to making the next day more bearable. Leave some Hydralyte on the kitchen bench or stock your fridge as a reminder to rehydrate when you get home.



PARTY *smart*

Drum roll, please ... introducing the smart woman's secret weapon for surviving the silly season (and no, it's not an LBD).

This time of year is all fun and games until you start to feel burnt out. Don't just muddle through – take care of your health and stay hydrated this party season by following these three simple rules.

Visit hydralyte.com.au

Feeling the effect

Understanding the physical reasons why a big night leaves you feeling dusty will help you be more prepared to prevent a sore head.

Fact 1: Alcohol acts as a diuretic (a substance that increases urine output).

Fact 2: For every standard drink you consume (10g of pure alcohol), you are likely to urinate about 100ml more than you drink, leading to dehydration.

Fact 3: Headache, dry mouth, fatigue and dizziness can be symptoms of dehydration.

Hydralyte



Sofia & Joe

Sexiest WEDDING ever!

It took 1657 hours and 32 artisans to make Sofia's custom Zuhair Murad wedding gown. Featuring a dramatic, detachable skirt, the couture creation was embellished with 3kg of pearls and 5kg of sequins

Photos: Instagram

The couple tied the knot in an unforgettable extravaganza – and NW has all the deets!

Sofia's wedding party had three little flower girls and a ring bearer. So sweet!

There were five tiers on the couple's fondant wedding cake. Made by cake designer Sylvia Weinstock, the masterpiece was adorned with edible white roses. Yum! We bet dessert fan Sof was in heaven!

The fiery Latina shook her famous curves on stage as Pitbull gave a surprise rendition of his hit *Fireball*



The couple wed in the Mediterranean Ballroom at The Breakers Palm Beach resort in Florida. Celeb pals Channing Tatum, Jennifer Lopez, Anna Paquin, Stephen Moyer and Matt Bomer were among those watching them say, 'I will'



Photos: Instagram

The newlyweds performed their first dance to *The Way You Look Tonight* by Frank Sinatra. Later, the hunky groom recreated his *Magic Mike XXL* hip-thrusting convenience-store routine to the Backstreet Boys' *I Want It That Way*. Natch!



In his emotional speech, Joe toasted his bride, pledging 'his eternal love and adoration' in both English and Spanish. Awww!



Seven of Sof's *Modern Family* co-stars made up the guest list of 400, including Sarah Hyland, Jesse Tyler Ferguson, Eric Stonestreet and Ty Burrell



WHAT'S NEXT?

HONEYMOON AND A BABY!

The new Mr and Mrs Manganiello definitely have babies on the brain. "I tell him if we're going to do this, we have to do it, like, now, because I don't want to be 50 with a baby," says Sofia, 43.

If that doesn't happen for them, the pair are said to be considering adoption.

But what better place to start trying for their genetically blessed bub than on their honeymoon?

Although Sofia called time out with her new hubby "the thing that I'm not going to be able to have much of after my wedding because I'm going to have to go back to work", the newlyweds managed to sneak in some alone time at The Breakers Palm Beach resort in Florida before jetting back to reality.



Sofia was clucky as hell during her wedding weekend!



THE GREAT POST-WEDDING ESCAPE?

One of Joe's fave spots, Garza Blanca Preserve Resort & Spa in Mexico – featuring a private beach – is where sources tip the pair to vacay!





The pair sneak out for some alone time in LA



They're joined at the hip!



Scott looks like he's been caught red-handed

Kendall CAUGHT WITH SCOTT!

He begs Kourt for forgiveness – while playing the couple with her little sister!



Kourt has ordered Scott to 'stay away from her sister', says a pal

After his spate of bad behaviour, and with his relationship with Kourtney Kardashian in tatters, you'd think Scott Disick would be doing everything he could to get back in his babymamma's good books.

But sneaking around LA with Kourt's 20-year-old sister Kendall on November 22 – shopping for furniture like newlyweds, laughing and even appearing to hold hands with the model – probably wasn't the best idea! It's no wonder furious Kourt's on the warpath. "Kourtney's mortified," a Kardashian insider tells NW. "After everything she's had to go through with Scott

up to this point – the lies, the girls, the rehab. And now this, her own sister! He's made her look like a fool... again!"

The Lord's outing couldn't have come at a worse time for the exes – who're at a tenuous place in their relationship right now.

They parted ways in July, but rather than trying to keep things as peaceful as possible for their kids – Mason, five, Penelope, three, and Reign, 11 months – Scott's stirring things up by hanging with Kourt's super hot sis on the side!

But Scott's insensitivity comes as no surprise to his long-suffering ex, who's still so

raw after the separation.

"Scott just seems to get worse," the fuming star said on *Keeping Up With The Kardashians*. "His main concern is himself, not the kids."

Unlike Kourtney, who's doing everything she can to keep things together for their little ones.

"At this point I'm really just trying to focus on me and the kids and make them the priority," says the

36-year-old. But she's still hurt by Scott's latest slip-up.

While Kourt assumes there's nothing suss going on between her 32-year-old ex and her little sis – despite persistent rumours

'SCOTT JUST SEEMS TO GET WORSE'



Kendall follows closely behind

BUSTED!
NOVEMBER 22

Very handsy!

that they enjoyed a string of hot hotel hook-ups earlier this year – she’s still mad at both of them for bringing negative attention into their lives.

“Things with Kourt and Scott were already so raw but this has put them back 10 steps,” adds the insider. “Kourtney has stopped speaking to him... she’s falling apart over this.”

Oh Scott, when will you ever learn?! ■

Family affair

Scott and Kendall have been accused of hooking up in the past!

Epic
hangover
alert!

Leaving The
Nice Guy on
November 22

KOURT'S TRASHED!

But Corey's on hand to save the day – again!

.....
She's had a rough trot lately, so it's hardly surprising Kourtney Kardashian was keen to let her hair down during a rare night out in LA recently.

But girlfriend should have lined her stomach first – she could barely walk straight after downing booze at pal Justin Bieber's post-American Music Awards party at LA's The Nice Guy club! Rookie error, Kourts!

Thankfully, her soon-to-be stepdad Corey Gamble, 35, was on hand to help guide the blitzed beauty to her ride.

"Kourt was totally wasted – she couldn't focus and her eyes were rolling into the back of her head," notes an onlooker. "If it wasn't for Corey's firm grip, she would have definitely face-planted! He was being very attentive, super caring."

This wouldn't be the first time Kourt and Corey's close friendship has raised eyebrows in the wake of her split from babydaddy Scott Disick, 32.

Kourt, 36, often leans on momager Kris Jenner's man for support, and Corey doesn't mind playing surrogate dad

to her three children Mason, five, Penelope, three, and Reign, who turns one in a few weeks.

What's more, Kourt's just as fond of her family's latest member, Instagramming a pic of him with the kids,

"A grandpa never looked so good," she captioned the shot. Aww! ■

COREY'S A RING IN!

Despite playful rumours about Corey and Kourt's friendship, his relationship with Kris is stronger than ever. And he's wearing a ring on his wedding finger, prompting talk he's popped the question! On an upcoming ep of *KUWTK*, he tells Kris, "I'm always gonna be taking care of you." Too cute!



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Adele's surpri BABY



The clucky singer is expanding her perfect family!

After a three-year hiatus, one bouncing baby boy and an Oscar, Adele is back and causing all the feels with her third album 25. But the London-born beauty could be out of the limelight as quickly as she returned given rumours she's pregnant with her second bub!

Indeed, the 27-year-old *Hello* hitmaker looked blooming lovely as she hit the stage for her comeback TV concert at the BBC in London recently.

While she isn't showing any signs of a bump just yet, one onlooker reveals, "Adele was totally glowing. And [partner Simon Konecki] was acting very protective of her." Too cute!

The couple, who met in 2011 and welcomed son Angelo in October 2012,

are more in love than ever – and a bub would be the perfect icing on the cake!

"Being in such an amazing relationship with someone that's so there for me and so loyal and is really part of my core now, that's what made me write about everything I've ever done, because I've got his love," reveals Adele.

And it's no secret that she wants more children.

In fact, in 2013 the clucky singer – who's also stepmum to Simon's eight-year-old daughter from his marriage to Brit stylist Clary Fisher – revealed her goal was to have three sons before she turns 30.

Better get cracking, girl!

Adding to the speculation, this July a source close to the couple may have hinted about their future baby plans, revealing that the Grammy winner wouldn't release her highly anticipated third album – which she released in

November – until she and Simon have a second baby.

But given Adele's notoriously private nature, we're not holding our breath for a confirmation anytime soon.

After all, the tight-lipped muso was almost seven months along with Angelo before she spilled the beans.

Even then, she kept his name a secret for several months until she was forced to confirm it after she began wearing a necklace with his name on it.

'ADELE WAS TOTALLY GLOWING'

Hands-on mamma

"My kid comes first, and my music comes second," says Adele.

se
2



"It's only because of him and our kid and stuff that I'm all right," she says of babydaddy Simon

Adding to Adele's joy, pals say her philanthropist beau Simon, 41 – the man she calls "my soul mate and my best mate" – is gunning to make an honest woman out of Adele next year!

The wedding won't be "a huge, flashy showbiz event", an

insider reveals to *Life & Style* magazine. "She just wants to be with her family and close friends."

Well, it certainly looks like cutting all those crappy exes out of her life finally paid off! ■

#SQUAD GOALS

Make way, there's a new squad in town! On a girls' night out sure to make Taylor Swift's clique jel, Adele, Emma Stone and Jennifer Lawrence hit up Cosme in New York for a Mexican feast. We bet cocktails were on the menu – or make that mocktails for the lady of the hour!

Gossip girls!



Girl power!

The net worth of the pals in this car is a whopping \$212 million!

IS MOSSY

gearing up for another bub?

Kate Moss's relationship with Count Nikolai von Bismarck has been moving at lightning speed. Firstly, she moved her toyboy lover into her London pad a couple of months ago, and now insiders say they're ready to make a mini-me!

While Kate, 41, knows age isn't on her side and it'll be tough to give up her hard-partying ways, a pal says the supermodel is finally tiring of the scene and has actually wanted a second bub ever since marrying now-estranged hubby Jamie Hince, 47.

And given her much-younger beau Nikolai, 28, is champing at the bit to be a dad, it might happen sooner rather than later!

"They're basically playing Russian roulette," the insider says of the pair's, er, after-hours baby-making activities.

Needless to say, a bub would secure Kate a branch in the Count's prestigious family tree, while an heir would be a win for Nik, who's a direct descendant of famed 19th-century German chancellor Otto von Bismarck.



New normal

Another quiet night as the pair enjoy dinner and a movie in London.

Kylie to be a yummy stepmummy?

They've only been dating for three months, but it looks like Kylie Minogue, 47, is set to add 'stepmum' to her extensive resumé.

Fresh from their public debut as a couple on Instagram comes news her new man Joshua Sasse, 27, is a dad!

Yup, according to *Heat* magazine, the Brit actor – who Ky says sends her "all gooey" – has a two-year-old son, Sebastian, with Italian digital executive Francesca Cini, who lives in London.

And Kylie can't wait to spend the holidays with the two new men in her life – Joshua's even cooking her Christmas dinner!

"I maintain someone has to get everything ready, mood the place and chop and assist, and I'm great at cleaning up," the star jokes.



Baby love

"It's a boy, my first. I'm really excited," Joshua said in 2013 about becoming a dad.



Photo: Heat

Heat magazine revealed this snap of Josh's ex Francesca and their son Sebastian

NOW

She's had tattoos removed from her fingers!

We didn't recognise the star!

THEN

Iggy's

ADDICTED TO SURGERY!

Modern Family's Dylan

'I wanted to be Brad Pitt'

Playing dim but hot Dylan on hit US sitcom *Modern Family* garnered actor Reid Ewing an army of young fans – but he wasn't one of them.

In fact, the 27-year-old says the pressures of Hollywood led to body dysmorphia – believing himself to be ugly – and an obsession with changing his face.

He reveals one surgeon encouraged him to go under the knife at just 19, shortly after he arrived in LA.

"He agreed that for my career it would be necessary to get cosmetic surgery and

quickly determined that large cheek implants would address the issues I had with my face," Reid wrote in an essay for The Huffington Post. "A few weeks later I was on the operating table.

"I genuinely believed if I had one procedure I would suddenly look like Brad Pitt."

But the 2008 surgery had a horrifying effect. Far from resembling the world's sexiest man, the young actor's transformation had been badly botched.

"I woke up screaming my head off from the pain, with tears streaming down my

face," he says. And once the swelling had gone down?

"The lower half of my cheeks were as hollow as a corpse's," he recalls.

Reid tried to have the mess fixed by getting a chin implant, but to no avail.

"I would get several more procedures with two other doctors," he adds. "Each procedure would cause a new problem that I would have to fix with another procedure."

Running out of money, Reid was left begging friends and family for loans to help pay for injectable fillers and fat transfers. "I had the

implants removed and was experimenting with less-noticeable changes to my face. None of them lasted very long or are worth the money," says the actor, who stopped surgeries in 2012.

After his experiences, Reid reckons it took a further six months for him to feel comfortable with people looking at him.

He says his psychiatric issues robbed him of his "self-esteem and joy" and he regrets having any cosmetic procedures, adding, "I wish I could go back and undo all the surgeries."

2010

Aussie Iggy Azalea has zero problems meddling with Mother Nature, but her penchant for a nip/tuck has left the singer looking like a new woman!

Indeed, the *Fancy* rapper made a rather startling exit out of Beverly Hills cosmetic clinic Epione on November 20, sporting the puffiest of pillow faces and bandages on her fingers.

"She looked completely different," an onlooker tells *NW*. "It's one thing having a bit of filler here and spot of Botox there, but when you look like a different person, it's probably time to back off the procedures for a bit!"

What's more, there are ongoing rumours that 25-year-old Iggy – who admitted to having a breast augmentation last December and a nose job earlier this year – also underwent a cheeky chin implant!

"She loves the results!" a source tells *Us Weekly* magazine.

"She wasn't happy with it for a long time, so after the boobs she wanted to get that taken care of."

Worryingly, however, the self-conscious starlet admits her ongoing quest for perfection can take its toll.

"It's no easy feat to live with your flaws and accept yourself, and it's no easy feat to change yourself," she tells *Seventeen* magazine.

"Either way you look at it, it's a tough journey... You can never be perfect."

GAGA'S FILLER FIX

Yes, that's the Lady Gaga we all know and love

You could cut a cheese block with those cheekbones!

WALKING INTO THE CLINIC

WALKING OUT OF THE CLINIC

Going undercover!

STARS
SURGERY
OBSESSED

NOW

Gaga's November 20 beauty stopover

Pop chameleon Lady Gaga is used to switching up her look, but the blonde's bulging cheekbones have sent the rumour mill into overdrive!

Tongues started wagging after Gaga, aka Stefani Germanotta, visited the Beverly Hills Epione Skin Care Clinic – yep, the same one as Iggy on the very same day!

"When she came out her cheekbones were uber-defined – almost angular," an source tells *NW*. "You could tell the look was down to more than just good contouring."

American Horror Story actress Gaga, 29, fessed up to radio DJ Howard Stern

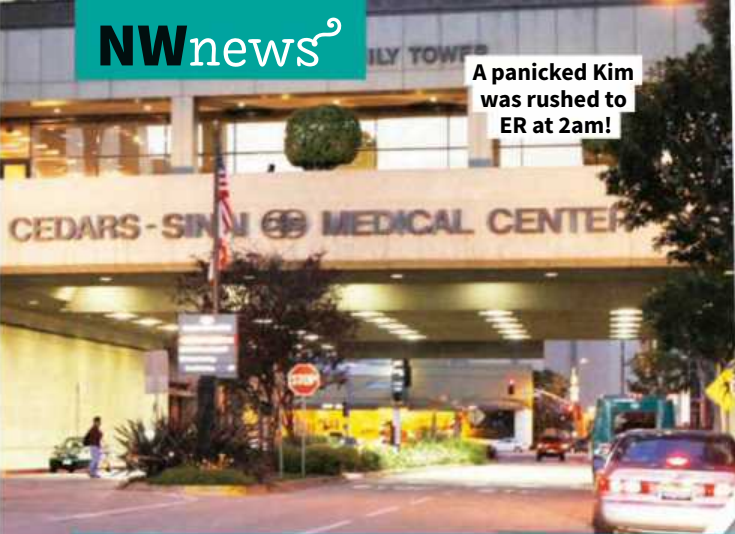
that she's been "really obsessed with getting facial injections" and went through a phase of getting facial fillers like Juvederm at shopping malls. But has she stepped things up?

An insider tells *US* mag *In Touch* that Gaga has "started cool laser therapy [which melts fat] and is looking into liposuction" ahead of her wedding to Taylor Kinney.

And while she's previously denied rumours of going under the knife, the experts disagree.

Plastic surgeon Dr John Di Saia reckons Gaga's probably had breast implants, while cosmetic surgeon Dr Paul Nassif adds, "Lady Gaga definitely had a rhinoplasty."

A panicked Kim
was rushed to
ER at 2am!



Kim's delivery room drama



Kanye rushed
back from work
commitments to
be by Kim's side

The worried mum freaks out over her son's breech birth!

Kim Kardashian's second pregnancy has been anything but smooth sailing. The stressed mum worked herself up into such a state over the pending breech birth that as she counted down the days to her son's arrival, she begged hubby Kanye to rush her to hospital!

"She was having major panic attacks about it and demanded Kanye take her to the hospital late one night to get the baby induced," an insider tells NW.

"Kim was distraught and in tears, but it only got worse when she was told they wouldn't do it with the baby in its current position."

What's more, Kim was also told that because her baby was lying the wrong way around, head up and feet down, she'd need a C-section – her worst nightmare!

In a bid to have the natural birth she desperately wanted, the strung-out star tried every trick to get her bub to move into the correct position.

"I lay practically upside down three times a day for 15 minutes," she wrote on her website last week. "I play music in the right position and ice my belly in certain spots to get him to squirm out of the breech position."

That's not all Kim did. The pregnant star – who's also mum to two-year-old Nori – even dabbled with alternative therapy in a bid to get results.

"I even started acupuncture where I burn moxa (mugwort) on my pinky toe every day! I'm even attempting hypnosis!"

Despite the potential risks to her health, Kim, 35, wasn't giving up on doing things her way, writing, "As I lay awake late at night, researching, I've learned

that you actually can deliver a breech baby and I feel fortunate that my doctor Paul Crane is one of the few doctors that still does this."

But at the time of going to press, her attempts have done zilch to get her and 38-year-old Kanye's son to budge – and she was freaking out! "The nighttime is the hardest," adds our insider. "She's barely slept in months and worries play on her mind, so she easily gets worked up into an overemotional state."

"Kanye's doing all he can to keep her calm and is always ready to drive her to the hospital every time she demands it." ■

**'SHE WAS
HAVING
MAJOR PANIC
ATTACKS'**

Khloe's on the mend

Nothing can keep KoKo down – not even a staph infection!

After contracting a staph infection after she visited her estranged hubby Lamar Odom at LA's Cedars-Sinai hospital, Kim's sis Khloe Kardashian has been going through her own medical drama in the past few weeks.

Thankfully, the 31-year-old reality star's on the mend, tweeting last week, "My infection is healing. I was able to be out and about today.. Quarantine is over lol!"

Sadly the same can't be said for Lamar, 36. Despite making progress following his drug overdose in October, the future's not looking bright.

"His cognitive impairment is making life very challenging," an insider tells *People* magazine, adding that Lam's not able to walk by himself and struggles to communicate verbally. "Lamar won't likely leave the hospital for a long time. And when he does, he will need full-time care... His life will never be the same."

Safety first

"If it's an emergency and for the safety of my son, I will get a C-section," says Kim.

'I'm so blessed I'm doing better,' tweeted Khloe, who last week shared a 'hospital Thanksgiving' with Lamar



Bieber's
Thanksgiving
proposal

'Marry Selena!'

They've had one of the rockiest romances in Hollywood history and after more than four years of breaking up and making up, there's a lot more drama to come for Justin Bieber and Selena Gomez.

Yep, just days after their romantic reunion at the Montage Hotel in Beverly Hills, where Biebs serenaded his on-off girlfriend, things have taken a turn for the crazy with besotted Biebs pulling out all the stops to win his ex back – including a Thanksgiving proposal! Um... WTF?!

"They met up that night at his place," a Selena pal reveals. "Justin had gone to town with candles all around the house. It was incredibly romantic, but Selena was still shocked when he got down on one knee and presented her with a ring."

But given Biebs's recent behaviour, it's no surprise that the bubbly brunette declined his proposal – as

Dinner and chill

Biebs and Selena
enjoy a romantic
stroll in LA after
dining out on
November 20

She affectionately
rests her hand on
his shoulder



ry me,

Desperate to win back his girl, Biebs pops the question!



much as it pained her. After all, Justin's the love of her life.

"They've always said that they were destined to be together and they might have been married by now if it hadn't been for his meltdown, fame and all the problems that got in the way," reveals our source.

Proposing to Selena has been on Justin's mind for years. Back in 2014, he posted a cryptic message about his intentions on Instagram, writing, "Was gonna wait to go to Central Park for when I proposed to my future wife but sh*t sometimes things change. I'll think of something more romantic."

And he clearly did! Now, after years of cheating allegations and letting her down, the Biebs has finally put his money where his mouth is and is set on convincing Selena once and for all that he's serious about their relationship.

Justin, 21, has made a start by freeing up some much-needed quality time for his boo, mysteriously cancelling two New York gigs last week with just a few hours' notice.

"They did have a serious conversation about what needed to change," says our insider. "He's vowed there would be no-one else and no more groupies, partying or drugs."

And if they're going to give things a serious

go, Sel's insisting they spend no more than a week apart.

"It was important for them to set these new guidelines before Sel even considers such a big commitment," adds the pal.

Indeed, Justin recently admitted he'd found it hard to behave.

"You're on the road, and there are beautiful women on the road, and you're just getting yourself into trouble," he said.

But according to NW's insider, Sel's thrilled by the steps her man is taking and is starting to believe he's changed.

Indeed, love was in the air as they snuggled up backstage at the American Music Awards in LA on November 22.

"They were together in Sel's dressing room for most of the night," says another insider, who reveals the pair asked to be seated together at the event.

'SEL WAS SHOCKED WHEN HE GOT DOWN ON ONE KNEE'

Biebs hits the right notes!

Biebs made his feelings for Sel crystal clear when he romantically – and very publicly – declared his love by serenading her with a rendition of the Temptations' classic *My Girl* during a recent dinner date. Guests at the Montage Hotel in Beverly Hills watched as Biebs then swept her off her feet for a slow dance as the hotel's pianist sang *Easy* by The Commodores. "Does anyone have a drool cloth?" tweeted one onlooker. Smooth moves!



eatprayphoto Does anyone have a drool cloth I can borrow? @justinbieber @selenagomez

Is it too late now to say sorry?

His new single's called *Sorry* and it's a word JB's had plenty of practice saying – not just to Selena...

In 2013, Justin was forced to apologise after calling out Lindsay Lohan's money woes in an Instagram rant. "To those comparing me to Lindsay Lohan, look at her 2012 tax statements," he wrote. Miaow! Biebs quickly took it down. "My post was only up for a few minutes but I realised right away that what I said at the end was wrong."



Beliebers went crazy when the singer had second thoughts about baring his tush to the world in a July Instagram snap. He later explained that he removed it because a mate's laughter follows him and was embarrassed that she saw him in the buff!



In October, Justin apologised for storming offstage in Oslo, cutting his televised performance short. He blamed his diva antics on "a rough week, long days". Although he did throw in that he ended the show because inconsiderate fans in the front row weren't listening!



Justin Bieber (@justinbieber) · Nov 23
My apologies to @colbertlateshow as I won't be able to make it to nyc tomorrow for the show. I look forward to making it up to you soon

JB's most recent guilty plea came last week after he pulled out of an appearance on *The Late Show With Stephen Colbert* at just a day's notice. "I look forward to making it up to you soon," he tweeted.

This week's **BIG** QUESTIONS

Cheat's guide to all the goss!

1 COULD MILEY GET ANY RUDER?

She loves a good flash, but things got a whole lot weirder on Miley Cyrus's Dead Petz tour when the controversial starlet showcased her most WTF outfits yet.

Understandably, the internet went into major meltdown mode when Miley hit the stage wearing a pair of fake boobs and a huge strap-on penis. But the moment the 23-year-old started breastfeeding from her two-metre tall backing dancers was when fans feared they'd lost their minds!

That said, we expect nothing less from the singer, given she recently licked her hairy armpits in *Candy* magazine, simulated oral sex on stage and swung naked on a wrecking ball.

We shudder to think what she'll do next!



Miley's ballsy performance in Chicago on November 12

2 IS SHAKIRA BEING BLACKMAILED?

According to Spanish newspaper *El Diario Vasco*, a former employee of the *Hips Don't Lie* hitmaker is said to be demanding "a large sum of money" to prevent her alleged sex tape from being leaked. Yikes!

The supposed smutty video reportedly shows 38-year-old Shakira and her Spanish

footballer babydaddy Gerard Pique, 28, "engaged in sexual acts".

Under Spanish law any dissemination of intimate material is punishable with imprisonment of one to five years.

However, the couple have denied they're being blackmailed – or that any tape exists!





Harry gets to grips with Jimmy!

3 HAS HARRY GOT THE HOTS FOR JIMMY?

Late-night host Jimmy Kimmel, 48, got more than he bargained for during a photo op with One Direction when Lothario Harry Styles grabbed his butt!

While last week's group shot was all business from the front, 21-year-old Harry's wandering hand was having a party at the back. Cheeky!



4 IS JOHNNY TURNING INTO MICKEY?

The *Pirates Of The Caribbean* star is looking more like ageing 63-year-old actor Mickey Rourke with every passing day.

With puffy cheeks, a waxy complexion and greasy locks, Johnny, 52, was the spitting image of the Hollywood veteran when he recently stepped out with super-hot wifey Amber Heard, 29, at the LA premiere of her new flick *The Danish Girl*.

It's no secret that Mickey has undergone facial surgery to fix a series of boxing injuries, but Miami-based plastic surgeon Dr Michael Salzhauer believes Johnny's different look is down to "a possibility of Botox and fillers".

We bet that's just how Mickey started, too!

5 WHY IS CHERYL SUING?

Cheryl Fernandez-Versini found herself in quite the pickle after she was photographed in a toilet, standing next to what appeared to be three lines of a white powdery substance!

The snap – taken during the British Fashion Awards at the London Coliseum last week – was uploaded to Instagram by a no-good onlooker, with the caption, "Sadness in her eyes." Ouch!

Outraged, Cheryl, 32, began legal proceedings quicker than you can say her long-winded surname, and soon after the image was swiftly deleted.



This week's **BIG** QUESTIONS

Cheat's guide to all the goss!

Jake and Megan
pash on set on
November 20

6 HAS MEGAN MOVED ON?

She only filed for divorce from hubby Brian Austin Green, 42, in August, but Megan Fox has already been spotted pashing another man!

So who's the lucky guy locking lips with sexy Meg? It's her *New Girl* co-star Jake Johnson, 37, who plays Nick Miller – and the pair are getting hot and heavy in a scene for the show.

"Excited for you to see her character," he captioned an on-set snap of Megan, 29, who's standing in for Zooey Deschanel while she's on maternity leave.

And while the snaps suggest steamy times ahead for the characters, Megan – who plays sales rep Reagan – is still very much single and ready to mingle. There's hope for you yet, fellas!



7 ARE KRIS AND COREY NUDISTS?

There's nothing better than letting it all hang out, right? Just ask Kris Jenner, 60, and her man, Corey Gamble, 35, who, according to a family insider, are secret nudists!

In fact, a source tells the *National Enquirer* the pair are planning to strip down on their next vacay and put it all on show at one of Europe's hottest nudist spots.

"They can't wait for their naughty escape," says the insider. "They'll sneak away to a nudist beach."

Indeed, the family friend also adds how Kris is ecstatic she's finally found a soulmate who suits her in the sack.

"He's got a huge sex drive, like she does, and he loves the liberation of letting it all hang out," adds the friend.



8 WHAT'S BEHIND AMY'S NEW BANGING BOD?

She's looking a million bucks, so of course the *Trainwreck* star was keen to show off her 11kg weight loss at the recent VH1 Big In 2015 event in L.A. And her fitter new frame is all thanks to celeb trainer Harley Pasternak.

"He walked in to meet me for the first time and I could see him kind of assessing the damage," she giggles. "And he's looking at me up and down and he's looking at me like he would look at a burn victim to try and be brave for them, you know?"

The 34-year-old also spilled the beans on the strict nutritional regimen the trainer-to-the-stars has put her on.

"I got my meal plan, which was, like, a smoothie for breakfast and then, like, for lunch you [write in your] journal about that smoothie... like, there's no food!" she jokes.

But all of Amy's hard work has definitely paid off, because she's looking mega hot right now!



Amy in August - and November!

9 DID JESSICA HIRE A VOICE COACH?

Y'all better believe it! True-blue Texan Jessica Simpson has apparently hired a speech therapist to help her nix her Southern drawl and help her get more acting gigs! Yep, a source tells *NW* that the 35-year-old fashionista is convinced a posher voice will help her score more movie roles. "She's been seeing this person twice a week for the past few months," says the insider. "She knows parts are limited if she doesn't add more dimensions to her acting abilities, starting with her speech. Jess's goal is to come off as more refined and worldly."



10 DOES CHLOE WANT TO BECOME PRESIDENT?

First Kanye West announced he's running for the US Presidency in 2020, then Lindsay Lohan put her name in mix. Now teenager Chloe Grace Moretz has jumped on the political bandwagon!

The 18-year-old - who's on the cover of *Nylon* mag's December issue - wants to be the leader of the free world. "I'm ready, guys - youngest female President ever!" she says. Good luck!



The actress is ready for the White House

Justin Bieber's singing in the rain!

QUEEN OF THE NIGHT

Host Jennifer Lopez kicked the night off with a show-stopping performance. Starting with a slowed-down version of *Waiting For Tonight*, she then broke into a five-minute dance medley of some of the year's biggest hits. Ah-mazing!

KISS AND TELL

Meghan Trainor and Charlie Puth performed their song *Marvin Gaye*, but their toe-curling spit swap stole the spotlight. The two made out for an eternity, with Charlie's hands even wandering down to Meg's butt. "We were like, 'Holy shit, what did we just do?'" he admitted later.

CHRIS'S COLD PLAY

Better watch your back, Blake Shelton! The country singer's new gal Gwen Stefani was looking friendly with Chris Martin... who opened her can of soda! "She was giggling and telling him how excited she was for his performance," our mole reveals.

GRANDE-MA

Ariana Grande had the cutest date – gran Marjorie! "She goes, 'Ariana, I went on the computer. I voted, so I think you'll win,'" says the star. It worked! Ari scored Best Female Pop/Rock Artist!

THE WEEKND FLIES SOLO

Fuelling split rumours, Bella Hadid was a no-show for the awards and didn't even get a shout-out when The Weeknd won fave Soul/R&B Album and Artist.

HARRY'S STYLE

While Selena Gomez was killing it in the fashion stakes, what happened to Harry? Is it a chair? Some drapes? Nup, it's just Harry Styles wearing what looks like his gran's linen. Lucky for that dazzling smile...

Access all

We take you inside the American Music Awards for exclusive backstage dissers, hook-ups and more!



DEATH STARE

Nicki Minaj, who won the Hip Hop/Rap Album award, appeared to give J.Lo serious side-eye as she performed Nicki's hit *Anaconda*. But Nicki claimed she was just looking at herself on a TV screen!



GIGI SNUBS HAZZA

She was all smiles while presenting, but on the red carpet Gigi Hadid wasn't so happy to see Harry Styles. The model - who's hooking up with former 1D-er Zayn Malik - hugged each of Hazza's bandmates but only shook his hand. Guess Gigi hasn't forgiven him for dumping pals Taylor Swift and Kendall Jenner.



J.Lo looks to have employed crack-up dancers

B&W pals Gigi and Kylie



EX APPEAL

P Diddy flirted with J.Lo right in front of her boyfriend Casper Smart! "He kept grabbing her hand and making her twirl, telling Casper what a lucky man he is," says our insider.

reas

KENDALL FOR HARRY

While Kendall Jenner struck a fierce pose on the red carpet with sis Kylie and TV host Frankie Grande, she softened up with Harry Styles. The pair were spied getting cosy in the VIP smoking section. "She's still got feelings for him," spills a spy.



Oh stahhp!

Surprise date!

New romance alert? *Pitch Perfect 2* star Anna Kendrick seems to have hit it off with DJ Skrillex! The pair kicked on after the AMAs at an LA restaurant. "They looked very flirty," a source says. "Anna couldn't wipe the smile off her face and he seemed into her too."



Glam Rebel Wilson isn't impressed by Hailee Steinfeld's bunny ears



Don't be
shy now...

'Yoo-hoo!
Justin! We're
over here!'

Loo-king
hot, hot, hot!

Careful,
Justin,
bathrooms
are slippery!

Um, so it looks like Jen's **ABS-SOLUTELY UPGRADED!**

Now we know why she can't stop smiling!

We always knew Justin Theroux was hiding a H-O-T rig under those leather jackets and tight white tees, but we were left fanning ourselves after seeing the Hollywood hunk starkers.

No wonder his missus Jennifer Aniston can't keep her mitts off him!

Understandably keen to show off all that gym work, 44-year-old Justin flashed his chiselled abs – eight, count 'em – which you could grate cheese on, and buns of steel, in the new episode of his hit TV show *The Leftovers*.

And given his rippling bod, we're surprised Jen ever lets her hubby out of her sight! "He's just so beautiful and handsome to me," she gushes. "He just gets better every year." Quite!

But while 46-year-old Jen's second husband is reaching scorching new levels of hotness, the same can't be said for her 51-year-old ex Brad Pitt.

Indeed, Brad – who broke up with Jen for Angelina Jolie back in 2005 – was looking er, a little soft round the edges at *The Big Short* premiere in New York last week.

While there'll always be a place in our hearts for our favourite father-of-six, MrTheroux and his Greek-god bod win this round! ■

SMOOTH OPERATORS

Holy waxworks – someone tell Brad Pitt and Ryan Gosling, 35, this isn't the *Frozen* red carpet! The tight-faced pair looked all filler and no lady-killer at *The Big Short* premiere.



Caring for your baby should begin before you know it's there

The first 6-8 weeks after conception are critical for a baby's development including growth of its vital organs. Yet most women don't know they are pregnant until after their baby starts to grow and develop.

It can take time to build the higher level of nutrients your body will need to support you and your growing baby. So it's important to start taking Elevit at least a month before you start trying to fall pregnant.

Elevit contains essential nutrients for baby's healthy development including folic acid, iron and iodine. Folic acid is clinically proven to reduce the risk of neural tube defects like spina bifida.* Iron helps prevent dietary iron deficiency and iodine is important for your baby's brain development.

Visit www.elevit.com.au for lots of helpful information and online tools designed to help you all the way through pregnancy.



Available in Pharmacy



Always read the label. Use only as directed. See the label for full list of ingredients. If you have had a baby with a neural tube defect / Spina bifida, seek specific medical advice. For more information visit www.elevit.com.au or Freecall 1800 023 884.

*When taken from at least a month prior to and during pregnancy. 1. De-Regil LM, Fernandez-Gaxiola AC, Dowswell T, Pena-Rosas JP. Cochrane Database of Systematic Reviews 2010, Issue 10. Art No.: CD007950. DOI:10.1002/14651858. CD007950.pub2.

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HEALTHY BABY. HEALTHY MUM.

CHC 70135-08/14

Sienna and Ben in '20s threads

That look is asking for trouble

Uh-oh Jen!

HERE COMES

S

JEN'S

secret admirer!

Does the sexy Brit spell trouble for Bennifer?

If Jennifer Garner ends up throwing in the towel on her fragile marriage, there's another Hollywood superstar ready to swoop in and mend her broken heart – Tom Cruise!

Yep, according to insiders, the *Mission: Impossible* star is crushing hard on the actress and is gunning for a date.

"As far as Tom's concerned she's the perfect woman," a pal reveals. "She's sexy, she's fit, she's incredibly smart and talented." Just one problem Tommy, she's not a Scientologist!

Tom's never made much of an effort to hide his crush on Jen. The 53-year-old shamelessly flirted up a storm with her – while she was still married to Ben – at a BAFTA event in 2013, so watch this space!

Jennifer Garner thought she was well on her way to rebooting her relationship with estranged hubby Ben Affleck, so it's hardly surprising steamy new pics of the actor snuggling up to his sexy co-star Sienna Miller knocked her for six!

Indeed, the 43-year-old mother-of-three has spent the last few weeks focusing on fixing her broken decade-long marriage, following Ben's alleged dalliance with the family nanny Christine Ouzounian.

But Ben's had other ideas, given the tight bond he's formed with Sienna while filming their new movie *Live By Night*. And it's not gone unnoticed!

"They've been spending a lot of time together between takes. Their chemistry is undeniable," says a well-placed extra on the set of the 1920s crime drama, which sees Sienna play Ben's love interest.

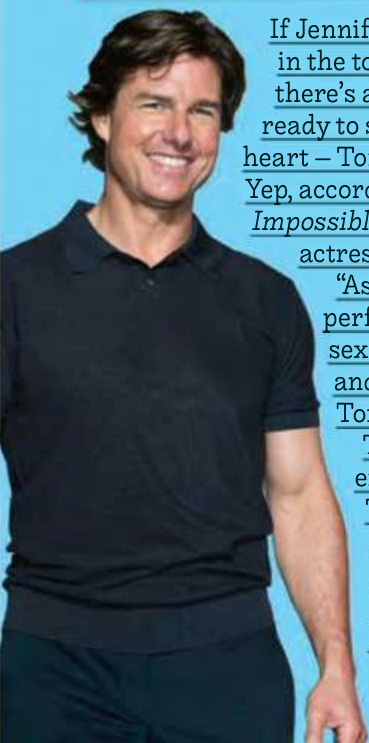
"People are starting to talk."

Poor Jen's disappointment is understandable.

Up until a few weeks ago, all signs of a reconciliation between the soon-to-be divorced spouses were there.

Indeed, as well as numerous family day outs with their kids – Violet, nine, Seraphina, six, and Samuel, three – Ben and Jen had been spending a lot of one-on-one time together,

'THEY'VE BEEN SPENDING A LOT OF TIME TOGETHER'





Kissing for the movie. And more?

Sienna's CHEAT SHEET!

SIENNA!

including cosy shopping trips to their local Whole Foods in LA.

"There is still love there that they are trying to figure out," a source told Hollywood Life. "They are trying to make things work."

In fact, things were looking so good that Ben and Jen were planning to spend the holidays together with their kids.

But given Sienna's habit of landing herself the middle of matrimonial messes – she had flings with both Daniel Craig and Balthazar Getty while they were with their partners – Jen's on high alert.

Especially now the 33-year-old bubbly Brit is single and ready to mingle after splitting with actor

Tom Sturridge – the father of her three-year-old daughter Marlowe – in July.

And for his part, Ben's long been rumoured to have a wandering eye. As well as reportedly hooking up with the nanny, he was also romantically linked to his *Gone Girl* co-star Emily Ratajowski in October last year.

Needless to say, Jen's kicking herself for rushing Ben to begin with.

"Jen was so focused on rebuilding their broken relationship she didn't really see it coming," our insider continues. "All bets are off now that she's sure Ben will never change." ■

The *Burnt* actress admits to "burning a lot of bridges" in her career after her adulterous ways left her branded a home-wrecker. Still, Sienna appears to love mixing work and play!

2005

Daniel Craig

She cheated on her then-fiancé Jude Law with her *Layer Cake* co-star Daniel – while he was dating Satsuki Mitchell. The affair was exposed after a voice message she left him was hacked by the UK press. "Hi. It's me. Can't speak. I'm... with Jude," she said.

2006

Hayden Christensen

Sienna reportedly hooked up with Hayden on *Factory Girl*, which his girlfriend Lola Skye said resulted in their split. Their sex scenes were so steamy her reps denied they'd done it for real!

2008

Balthazar Getty

Sienna split with Welsh actor Rhys Ifans after photos of her canoodling with married father-of-four Balthazar Getty surfaced. The pair then had a year-long on-off fling until he ended it to reconcile with his wife Rosetta Millington.





Biz SURGE

Lindsay Lohan Chin lipo

Booze bloat be gone! Yep, party girl Lindsay, 29, may be over her swollen-looking face, but rather than losing it the old-fashioned way with a bit of huff and puff like the rest of us, LiLo's thinking of taking the easy – but more painful and dangerous! – route of cosmetic surgery. “The biggest issue she has is with her jowly double chin,” says a friend of the actress. “She hates it with a passion. She wants liposuction to get rid of it.”

Feeling drained

LiLo hopes lipo will banish her chins for good!



Kim Kardashian

Curvy reality star Kim's got an hourglass rig to die for, and last year rumours flew that she was toying with the idea of getting two ribs removed to whittle it down even more.

As crazy as it sounds, aspiring Swedish model Pixee Fox told *Closer* mag that she underwent the procedure, losing six ribs to give her a 35cm waist!

But Kim might want to think twice, with LA plastic surgeon Dr Aaron Stone warning that, “Rib resection is a major surgery... the ribs do not grow back.”

Kylie Jenner

Vampire boob job

Anyone wanting a cheeky boob boost without going under the knife is in luck, thanks to the latest craze sweeping Hollywood – the Vampire Breast Lift!

With no need for silicone or saline implants, the 30-minute procedure sees a temporary solution of treated blood and Restylane or Juvederm injected straight into your lady lumps, boosting their natural shape and size!

While Kylie, 18, insists her strong chest game is the work of “the Bombshell [bra] by Victoria’s Secret... It’s life-changing”, rumour is she’s a secret fan of this bloody odd booster.

Gigi Hadid

Mole shaving

She’s at the top of the fashion game and oozes confidence on the catwalk, but even Victoria’s Secret model Gigi has body insecurities.

According to a pal, Gigi, 20, is super paranoid about her famous growths and wants them zapped!

“Gigi’s hated her moles for as long as she can remember and she’s sick of having to cover them up with heavy make-up for shoots,” says the friend.

“She’s looking for a 10-day window in her schedule to have them removed.”

arre

EVERY TRENDS

n Rib removal

Marking the section to cut and take out

Pixee on Insta on November 8

Reports claimed Kimmy wanted two ribs removed, though her rep denied it

These weird nips and tucks are taking Tinseltown by storm!

George Clooney

Testicle ironing?!

Of all the WTF procedures, this takes the cake! When George Clooney, 54, joked that he forked out for a below-the-belt process that tightens the scrotal skin and evens out skin tone, it sparked a real trend that had many men in Tinseltown rushing to the doc to get their pants down. Now, that’s what we call nuts!

“I spent more money to stretch the skin of my testicles,” he told *Esquire* mag. “I did not like the wrinkles. It’s a new technique, many people in Hollywood have done it!”



Bizarre SURGERY TRENDS

Nicki Minaj

Butt balloons

While Nicki insists she's "never had surgery on my face", the *Anaconda* singer hasn't denied tinkering with her tush!

Indeed, the bootylicious 32-year-old didn't get that itty-bitty waist and round thing in your face with just a few squats here and there, according to Beverly Hills plastic surgeon Dr David Feldmar.

"It looks like she had gluteal implants placed, or perhaps got fat injections," he observes.



Daniel Radcliffe Leg lengthening

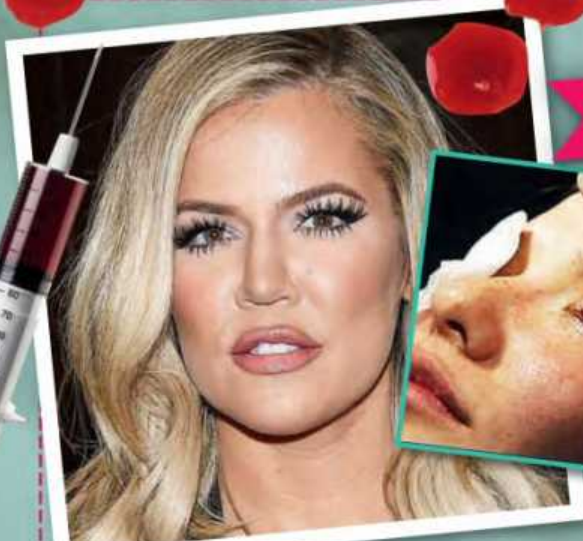
At 165cm, Daniel Radcliffe, 26, is said to opt for specially made Cuban heels to give him a height boost. But some pint-sized people are opting for painful leg-lengthening operations!

One is the Ilizarov technique, where the bone is cut and lengthened gradually with the help of metal wires and rings. Ouch!



Khloe Kardashian Eyelash transplant

Khloe, 31, is known for her long lashes – and it's got a whole host of copycats lining up to get the look. But forget falsies and mascara, those serious about lengthening their peeper features are getting transplants! LA plastic surgeon Dr Richard Ellenbogen says it's "very hard to do", but the results are impressive. The downside? "The hair continues to grow, so you have to actually cut your eyelashes!" he says. Ew!



Brad Pitt

Radar facelift

It seems laid-back Brad isn't as chilled about turning 52 as he'd have us believe, given rumours he's trying hard to turn back the hands of time.

Indeed, the dad-of-six rocked up to the recent *Big Short* premiere in LA looking surprisingly smoothed-faced – reportedly the result of neck and face ultrasound work.

"He's had a non-invasive lift like Ultherapy done to tighten his jawline," observes our exclusive source.

"He's had fillers in the past and even Botox, but he's pretty happy with the results this time. He also had some laser resurfacing work done, which is why his skin looks so brand new." Smooth, Brad!

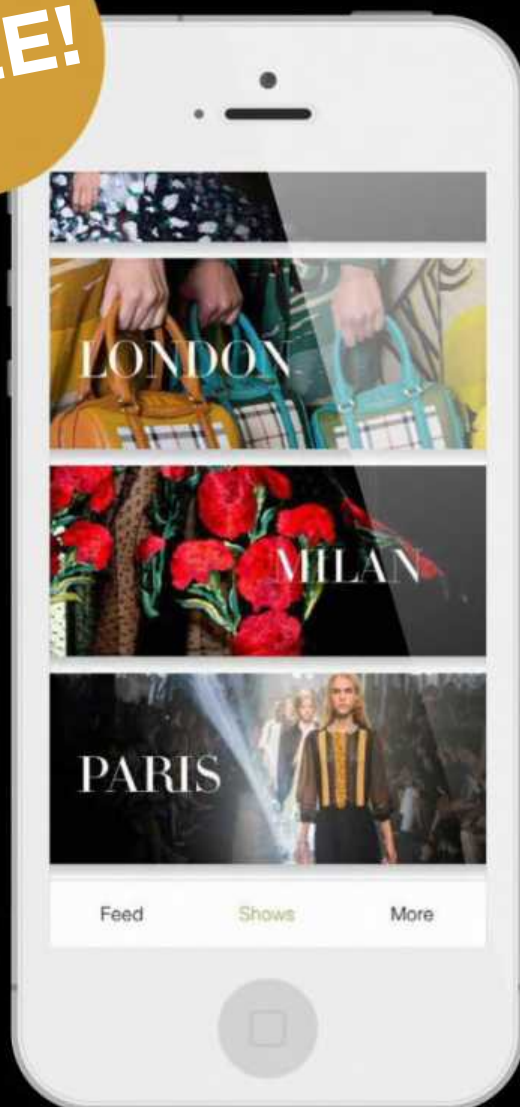
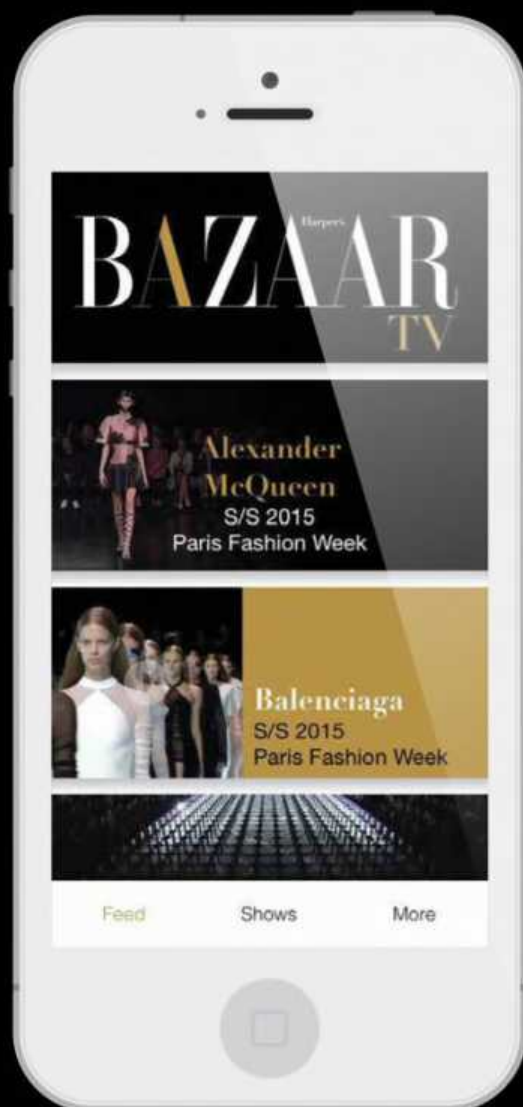


AFTER
Brad is smooth as on November 5



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'It's important
to stretch
before strut'

The W★E★E★K PICS

Hey, it's the next
best thing to
being there!

'Side planks are
the worst!'

Al does the
ol' sand-in-the-
ear shake

The beach –
denim's final
fashion frontier

Al's sexy at sundown

Now that's an office
with a view! Another
day, another top-dollar
photo shoot for
Alessandra Ambrosio.
No wonder the
stunner never seems
to take a day off! After
strutting down the
runway in the recent
Victoria's Secret
Fashion Show – for
an unprecedented
15th time! – the sexy
supermodel is back to
work. Well, if you can
call frolicking on a
Malibu beach as the
sun sets work...

It's true,
supermodels
can walk
on water

'Me? Micromanaging?
Nooooo'



'Never getting
the sand out
of this skirt...'



'It was two-for-one
at Specsavers'

It's not just Bella
and Gigi who
love a good pose

'Mmm,
fettuccine coma'



Bella's regretting
Dad's garlic bread
entree now...



'Boys and
their toys!'

She clearly
loves her job!



Daddy's little girl

If only all our waists looked this slender after chowing down on a mountain of pasta! Model **Bella Hadid** hits up Beverly Hills Italian joint **Il Pastaio** for a lunch feast with her multimillionaire dad **Mohamed Hadid**. The nosh must be a real winner – Bella's sis Gigi dined there twice during the week, too!

The WEEK PICS

The only way is up

Marrying the future King of England has to be the ultimate social climb, but thankfully **Kate Middleton** has a head for heights! The grinning royal shows her scared-looking hubby **Prince William** how it's done as she scales a 12-metre rock wall in Snowdonia, Wales. Looks like her brother-in-law Prince Harry has a rival in the action department!

She'll do anything to get out of tea with the in-laws

'I feel like I've really hit a wall today'

'Nope, I'm just pleased to see you'

'I've always wanted to try a waist trainer'

'Is that a phone in your pocket?'

Kate dreams of being a high-rise window cleaner

'I'm bringing onesies back'



Silas tries the ol' over-the-shoulder escape move

'These new handbags are a bit clunky...'



'Wait, you forgot my cape!'

Jessica's juggling act

Jessica Biel quite literally has her hands full with her adorable seven-month-old son **Silas**. The Hollywood hottie steps out in LA with her cheeky chap, who seems determined to wriggle free – after stealing Mum's nose first, of course! Silas is ahead of Jess in the style stakes, too, sporting a chic onesie with elbow patches. Well, he is fashion-savvy Justin Timberlake's little boy, after all!

'Stay still, we have a winner!'



Jess quickly foils Silas's Houdini attempt

The WEEK PICS



Eva's gold tattoo tells us she's on Team Bride for the weekend!



'Right, who stole the ball?'

'Ugh, short girl problems!'

Eva's pretty in hot pink

Does **Eva Longoria** own any items of clothing other than swimsuits? It's not such a bad idea – travelling light can save you a lot of money! On this particular occasion, the actress opts for a hot-pink two-piece as she hits the beach in Miami, Florida. And we can expect more to come – Eva's in the sunny south-eastern locale to celebrate her girlfriend's weekend-long bachelorette party. Dining at night and beaching all day? Nope, we don't envy her one bit...

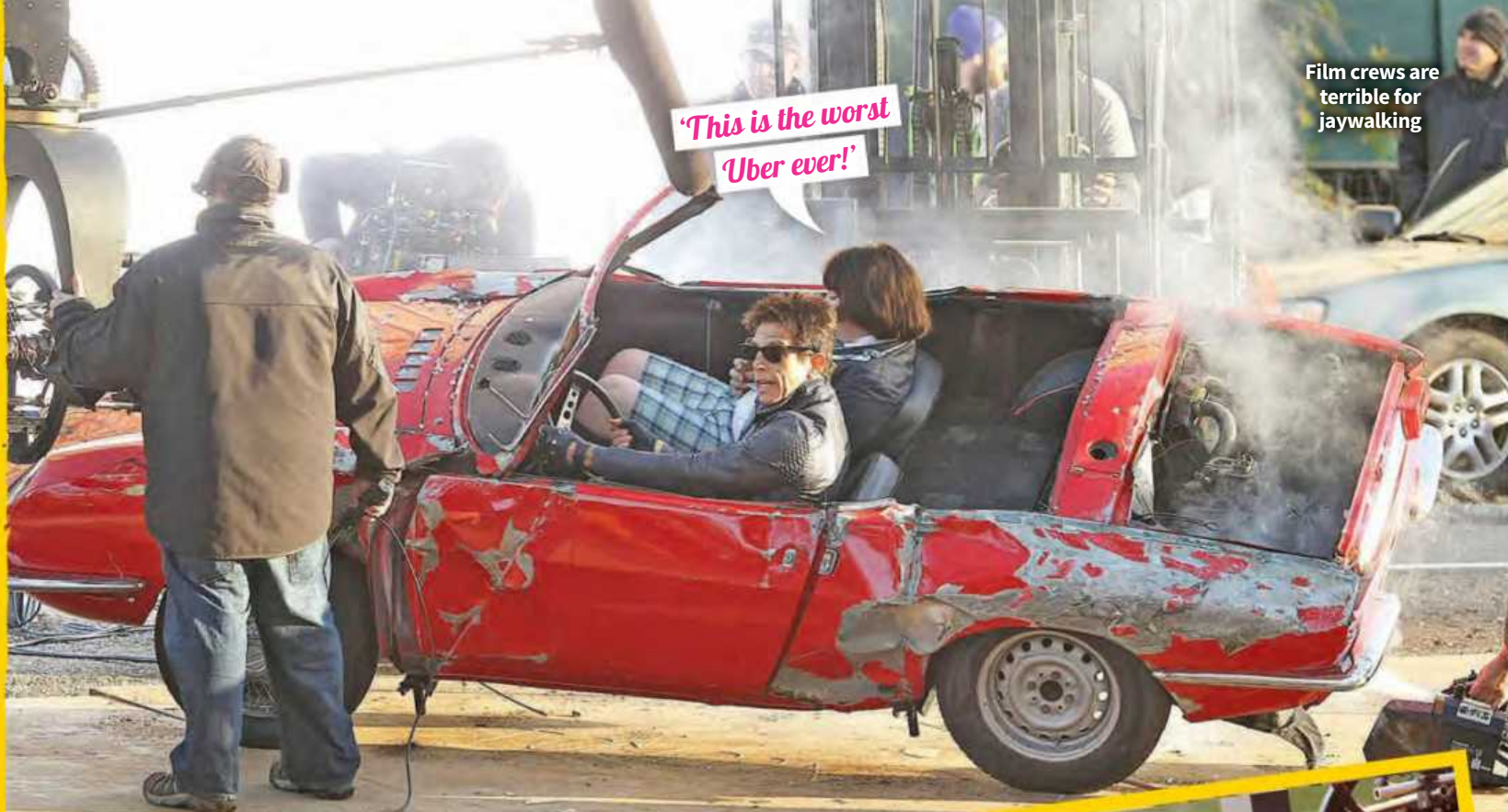


'I like to paddle in the surf'

Eva can't believe she has no clients for her spanking booth

Film crews are terrible for jaywalking

'This is the worst Uber ever!'

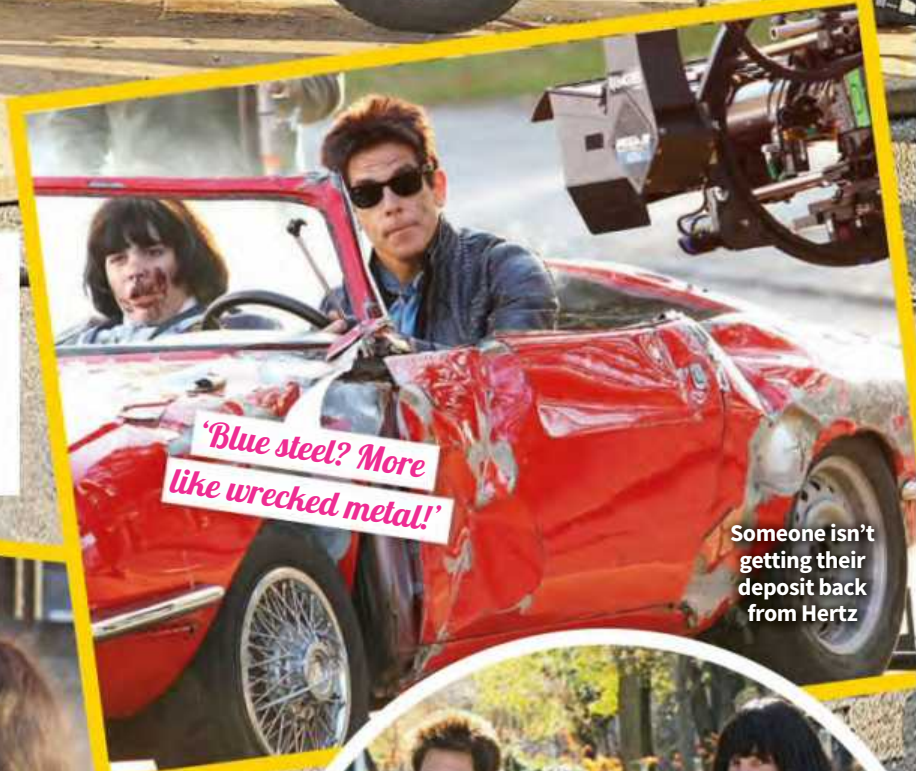


Demolition derby

If this is what happens when **Ben Stiller** gets behind the wheel, next time he should take the bus! We're sure his passenger **Cyrus Arnold** would agree. They're filming scenes for *Zoolander 2* in New York, and by the looks of things, it's a good job they've got a pair of stunt doubles on hand. We just hope Cyrus's doppelgänger is getting paid a bit extra for having to wear that ridiculous wig!

'Blue steel? More like wrecked metal!'

Someone isn't getting their deposit back from Hertz



'Parallel parking isn't my strong point'

Lucky they're spilling ice-cream, not petrol, this time around!

Seeing double

Ben and Cyrus's stand-ins look unimpressed!



The WEEK PICS



'Sandwiches are the food of the gods'

'No they're not, that's pizza'

The serious looks of ladies who lunch

Mum's got layer envy

'Now, that's a wrap!'

Waltzing Matilda

They grow up so fast! **Michelle Williams** has tried to keep daughter **Matilda** out of the spotlight and give her a "normal" childhood, so it's no surprise to see the 10-year-old isn't so small anymore! In fact, it won't be long before Heath Ledger's daughter – who definitely resembles her late dad – is as tall as Mum. The boho pair grab a deli lunch in hometown Brooklyn.



Becks's ball boys

We dare you to find a family that loves sport as much as **David Beckham** and his sons! Becks skips his much-loved soccer to take **Cruz** and **Romeo** to the tennis ATP World Tour Finals in London. We can safely report the courtside trio didn't cause a racquet...



'Don't worry, our net worth is more'

Tennis sure is a tense game

'That's one small golden ball'

'Your dad humour needs a kick'

Romeo's props soon confuse the players

*'Guess I'm walking
from now on...'*



Nothing gets
you down like
a parking ticket
while out
shopping...

Kenny's one fined day

Not even the hottest models on the catwalk right now are immune to the dreaded parking inspectors. Poor **Kendall Jenner** picks up a ticket while running errands in LA in her gorgeous classic Corvette Stingray. But while no-one likes a parking fine, we think Kenny earns enough in one step on a runway to foot the bill here!

Yep, sometimes
Kenny opens
her own doors!

The model 'Oh
crap, parking
ticket' face

*'Yay! Someone has
tickets on me too!'*

*'Is there a VIP
lane on this road?'*

Keeping up with
the parking meters

Hot or NOT

This week's style
stunners and sinners!



HOT

Jennifer Lopez

J.Lo was the host with the most at the American Music Awards – the most outfits, that is. She wore 11 stunners including a pastel blue Charbel Zoe cut-out frock showing off her assets, a fun-and-flirty sheer red Zuhair Murad dress featuring cute lip detail and a billowy Michael Costello jumpsuit with a fabulous cape. But our fave is her Michael Cinco gown embellished with Swarovski crystals. Hell, we'll take them all!



HOT

Selena Gomez

Baby got back! In fact, a whole lot of it, in this sparkling Givenchy number that makes the red carpet look positively beige. The stylin' singer lets her dress take centre stage, framing it with striking straight hair and smouldering eye make-up. Sel really can do no wrong!



HOT

Julianne Hough

The *Dancing With The Stars* judge has taken some red-carpet risks before, but she gets three 10s for this unusual, elegant Naeem Khan gown – featuring two daring leg splits. And her zigzag part may just be our next hot hair trend!



NOT

Z LaLa

Oct-no-pus! Appearing to channel *The Little Mermaid*'s Ursula, singer Z's outrageous outfit would be better off remaining at the bottom of the sea. We'd just love to know how she goes to the bathroom in this. Actually, no we don't want to know...



HOT

Rebel Wilson

While she offers comedy gold, Rebel steals this show with silver thanks to this Eloquii party frock and adorbs lolly-shaped clutch. And her flowing tresses and low-swept fringe offer just the right softness for this shiny, happy outfit.



HOT

Gwen Stefani

With pins like those, who needs pants? Gwen rocks a tricky chiffon Yousef Al-Jasmi gown like it was made for her and does it with aplomb. The darkness is then lifted by her retro platinum blonde 'do. We expect nothing less from a style icon!

Hot or NOT



HOT

**Kourtney
Kardashian**

This gal knows how to work a break-up! Kourt is red-hot in this sheer black lace bodysuit that shows off all that hard work she's put into her bod lately. Who needs accessories with this traffic-stopper?!



HOT

Poppy Delevingne

Mellow yellow hits all the right notes for Poppy in this Michael Kors dress. It drapes perfectly, while the plunging neckline coupled with the model's slick-backed locks is très chic.



HOT

**Brynne
Gordon**

The ex Mrs Geoffrey Edelsten has lost 13kg, so it's no surprise to find her pleased as punch to pull off this very tricky geometric patterned mini. Hot, hot, hot!



HOT

Lady Gaga

From red meat to red Tom Ford – Gaga's come a long way in the style stakes. We love her goth-chic netted gloves and bodice that match the gown's sequins spectacularly.

NOT

Jennifer Hudson

The stunning star may be a belle for leather in those boots, but this playful blouse and shorts combo begs for her pins to be out 'n' proud!



NOT

Kelly Brook

The British star should take a leaf out of the Scouts manual and be prepared – as a gust of wind can always come out of nowhere and show the world your daggy nanna knickers!



#trending Sexy suits

Amber Heard

You have to feel for Johnny Depp, whose own suits are eclipsed by his lady's Dolce & Gabbana satin ensemble! Perfect smoky eye and edgy accessories, too.



Kaley Cuoco

Kales gets extra points for daring to rock the white, and the flared pants and jacket are flattering. The fab statement stripes underneath are a nice twist!



Paula Patton

Adding a softer touch to this season's hot trend, the actress pairs her tailored pants with a lacy top and just a hint of bra. Red talons cleverly break up the monochrome marathon.



Victoria Beckham

Posh has long been a fan of the sleek suit, and she mixes it up once again with cropped pants and a tuxedo jacket from her VB collection – of course! – in her favourite shade of, er, black. Natch!



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Rihanna



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saba.com.au



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trenery.com.au



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H&M
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hm.com.au

2016
TREND



H&M
\$5.95
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SHEIKE
\$49.95
sheike.com.au

Tropical flavour

Take your wardrobe on an island adventure!



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rockmans.com.au



SEDUCE
\$99.95
seduce.com.au



H&M
\$19.95
hm.com.au



WANTED
\$169.95
wantedshoes.com.au

TIP

Embrace the tropical vibe with a colour palette of bold yellows, blues and greens!



SHEIKE
\$119.95
sheike.com.au



SPORTSGIRL
\$14.95
sportsgirl.com.au



LOVISA
\$17.99
lovisa.com.au

MARA HOFFMAN
\$344
net-a-porter.com.au

SPORTSCRAFT
\$99.99
sportscraft.com.au



Blake Lively



TIP

Just like Blake, think of palm-print pieces as a cool summery update to spring florals!

GET THE LOOK

Beyonce

If there's one place to wear every colour of the rainbow, it's at the beach!



ASOS
\$32
asos.com/au



MARIA BLACK
\$228
(03) 9521 0592

EXACT MATCH



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SOL SANA
\$109.95
sol-sana.com.au

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armanixchange.com

BARDOT
\$69.95
bardot.co.n.au

RIVER ISLAND
\$50
au.riverisland.com

TONY BIANCO
\$189.95
styletread.com.au

1 **WOWZA BLOUSER**

Never before have we seen a pretty boho blouse look so hot! By teaming it with wet-look shorts and statement black heels, Chrissy has taken a daytime staple and turned it into a sizzling after-dark number!



RIVER ISLAND
\$100
au.riverisland.com

TOPSHOP
\$29
topshop.com



BARDOT
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bardot.com.au

CALL IT SPRING
\$74
asos.com/au



AMBER SCEATS
\$129
ambersceats.com

2 **BRINGIN' IT IN BLACK**

Off-the-shoulder tops have ruled the high streets this season, so this form-fitting number is a refreshing take on the trend. And those strappy heels make her legs look hot, hot, hot!



Chrissy Teigen

She's the Insta-BFF we've always wanted – ridiculously hot and the style mentor we can trust!

3 STREET CHIC

Chrissy does street-style flawlessly, showing us how to incorporate work wear into your everyday wardrobe with a tailored blazer. The tousled high pony and hoops give it that extra bit of va-va-voom!



COLETTE BY COLETTE HAYMAN
\$5.95
colettehayman.com.au



GUESS
\$99.95
shop.guess.net.au



WITCHERY
\$179.95
witchery.com.au



FRIEND OF AUDREY
\$169.95
friendofaudrey.com.au



KOOKAI
\$50
kookai.com.au



SPORTSCRAFT
\$29.99
sportscraft.com.au

4 TOO GOOD TO BE BLUE

Embrace the blues in a playsuit like Chrissy's, with its plunging neckline and ladder-effect cut-outs creating striking focal points. If you're planning a getaway, this is a versatile must for your suitcase.



BOOHOO
\$40
boohoo.com



FRENCH CONNECTION
\$49.95
frenchconnection.com.au



LOVISA
\$12.99
lovisa.com.au



SEED HERITAGE NECKLACE
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seedheritage.com.au



SIREN
\$149.95
styletread.com.au

Selena Gomez



ZARA
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(02) 9216 7000

KOOKAI
\$220
kookai.com.au



MARCS
\$149
marcs.com.au



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mrp.com



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\$25
topshop.com



MIMCO
\$179
mimco.com.au

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skinandthreads.com



MARCS
\$199
marcs.com.au



FOREVER NEW
\$79.99
forevernew.com.au



SEED HERITAGE
\$49.95
seedheritage.com

TIP

Stripes are the easiest print to pull off – so don't be afraid to stray from the classic B&W tee to bolder styles!



Bella Thorne

MARCS
\$169
marcs.com.au



H&M
\$79.95
hm.com/au



BOOHOO
\$40
(02) 9216 7000



TOPSHOP
\$80
topshop.com



KO FASHION
\$69.95
styletread.com.au



TIP
Horizontal stripes can be flattering, particularly up top! Just ensure they're the right width for your body shape.

MRP
\$21.99
mrp.com



ZARA
\$49.95
(02) 9216 7000



BARDOT
\$69.95
bardot.com



LACOSTE
\$159
lacoste.com.au



Gigi Hadid

Rise to the

0

Miranda Kerr



Casual BBQ

Sweet & innocent

Miranda Kerr is the queen of matching her cheek and lip colour, and we love the sweet pastel pink she's rocking here. Use a cream to get a dewy finish on your face and a gloss for a plump pout, before flipping your locks to the side.



1 Maybelline New York Color Sensational Color Elixir in Petal Plush **\$15.95** 1300 369 327 2 Natio Cream To Powder Blush in Joyful **\$13.95** natio.com.au



Sarah Hyland



Bronzed goddess

A full coverage matte foundation like Sarah's is a must for those long summer days and balmy nights. Add depth with bronzer and take the brown matte texture into your eyeshadow for a fresh, modern finish.



1 Too Faced Milk Chocolate Soleil Bronzer **\$44** mecca.com.au 2 Maybelline New York FIT Me! Matte + Poreless Foundation in Classic Ivory **\$18.95** 1300 369 327 3 Chi Chi Baked Eyeshadow in Living On A Prayer **\$14.95** chichicosmetics.com



Sienna Miller



Natural beauty

A middle part, loose waves and natural make-up just like Sienna's will give you an on-trend '70s vibe like no other beauty look. To follow her lead, reach for a texture spray and lightweight base like a BB or CC cream, and finish off by simply defining your eyes.



1 Garnier Fructis Full & Luscious Volume Booster Texturising Spray **\$5.95** 1300 659 259 2 Bourjois Paris 123 Perfect CC Cream inIvoire **\$25** 1800 181 040



CCASION

Get glam like the A-list and bring your beauty A-game to every event this summer

Date night

Smokin' hot

Date night calls for a serious smoky eye, and Miranda's grey is smouldering and sexy all at once. Wing it out along your eye socket and finish off by contouring your cheeks. It's dreamy and low-maintenance once you're out the door.



1 Napoleon Perdis Color Disc Eye Shadow in Cinders \$29 napoleonperdis.com 2 Natio Limited Edition Sunlit Mineral Bronzer \$19.95 natio.com.au



Party time

Loud lips & lashes

Leave it to Miranda to look this good with a sleek top knot and bright orange lip. Pair with glittering gold earrings to amp it up for the Christmas party season and add false lashes to make a statement that'll get you noticed.



1 Ardell Natural Lashes #120 Black \$9.99 (02) 8709 8800 2 Charlotte Tilbury Eyes to Mesmerise in Jean \$44 charlottetilbury.com/au 3 Charlotte Tilbury Norman Parkinson Matte Revolution Lipstick in 1975 Red \$48 charlottetilbury.com/au

Young & fun

Sometimes a bright lip is a little too much for a date, but a pretty pink makes a bold statement without being too full-on! Pair it with relaxed locks for an effortless but well put-together look. Oh, and don't forget your brows!



1 ModelCo Party Proof Lipstick in Pink Sequin \$18 modelcocosmetics.com 2 Stila Convertible Colour in Petunia \$36 mecca.com.au 3 Head & Shoulders Thick & Strong Shampoo \$12.49 1800 028 280



Dark & demure

If you're feeling brave, take your look to town with a super-dark lip colour (go matte for longevity) and match it with those tones in your eyeshadow, too. Anchor the heavy colour with jet-black liquid liner.



1 Revlon ColorStay 16 Hour Eye Shadow in Siren \$23.95 1800 025 488 2 Elizabeth Arden Beautiful Color Moisturizing Lipstick in Ultra Violet \$35 1800 015 500

Seriously sexy

Berry lips aren't just a winter wonder. Make this colour a summer sensation by sporting cool tones on your eyes and pulling your hair off your face into a braid. Finish with luminous skin and a touch of bronzer.



1 Clinique Chubby Stick Shadow Tint for Eyes in Grandest Gold \$35 clinique.com.au 2 L'Oréal Paris Colour Riche Matte lipstick in Mon Jules \$21.95 1300 659 359



Chiselled cheeks

Sculpt your face for a flawless look like sultry Sienna's by contouring your cheekbones – and even your eyes. Highlight along the tops of your cheekbones and finish off your look with strong brows and a matte, peachy nude pout.



1 L'Oréal Paris Super Liner Smokissime in Black Smoke \$17.95 1300 659 359 2 Designer Brands Contour Kit \$9.99 dbc cosmetics.com.au

Bourjois Paris
Smoky Stories
Eyeshadow Palette
in Grey & Night **\$24**
1800 181 040

Napoleon Perdis Color
Disk in Cinders **\$29**
napoleonperdis.com

Kate Hudson

TIP

Mix up your
jewellery to match
or contrast with golds
and bronzes – it'll
make a serious
statement!

Bourjois Paris Little
Round Eyeshadow
Pot in Silver
Shimmering **\$20**
1800 181 040

2012

TREND

Essence The Gel
Nail Polish in
Rock My World
\$3.25
1800 181 040

Cool runnings

Get ready to rock the smoky
greys and metallic silvers

Switch up your warm bronzes for cool tones
on your eyes for the party season! Take it to
the next level by smudging black or charcoal
kohl pencil along your lash line and add a coat
of mascara. Not brave enough to try this trend
on your eyes? Take it to your talons! Dove grey is
summer's new neutral – it goes with everything –
and metallics will command attention!

O.P.I ColorPaints
Blendable Nail
Lacquer in Silver
Canvas **\$19.95**
1800 8120663



ModelCo Nail Polish
in Don't Be Grey
\$15 modelco
cosmetics.com

Napoleon Perdis
Color Disc Eye
Shadow in Clean
Slate **\$29**
napoleonperdis.
com

Australis Cray For
Colour Eyeshadow
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Julianne Hough
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BODYblitz

Khloe's instant abs trick!

But do waist trainers really work?

Experts weigh in on the stars' fave tummy trimmer

It's hard to open Instagram without spying a Kardashian in a waist trainer. Kim, Kourtney, Kylie and number-one fan Khloe insist these cinching garments help whittle their midribs into a flattering hourglass shape.

But while they may give you selfie-ready abs faster than you can say, "Button me up!" do the results last?

Waist Trainers Australia's managing director Sheree Williams says that when used correctly – that is, not worn too tight – her clients give them rave reviews, reporting instant shaping and the look of several centimetres off their midsections.

"We also receive a lot of feedback from our [personal] trainers who believe they help with posture support, back pain and appetite control," she says.

So how do they work? "When accompanied by a healthy diet and exercise,

latex waist trainers increase your perspiration, heart rate and body temperature, which will amplify your workouts," Sheree explains.

And while Dr Caroline Apovian, professor of medicine at Boston University, says there's no scientific evidence to prove they work in the long-term, she says a waist trainer can help instill a healthy approach to weight control.

"If you're going out and want to look thin, I don't see a problem with wearing one of these," she says.

"It can potentially be a good thing... If it helps everything feel a bit tighter and there's less jiggle around your stomach, it may help you feel better about exercising."

But Dr Apovian warns against trying to squeeze

into one that's too small. "Your stomach might get pushed up beyond the diaphragm, which could cause reflux," she says. "That's a definite sign that you need to loosen it or take it off."

Sheree agrees that wearing one shouldn't hurt.

"If it does, it's recommended to loosen the waist trainer to a more comfortable setting while getting used to the compression."

So if you're considering jumping

on the belly-belt bandwagon, Sheree has some extra advice.

Drink lots of water to combat the sweating, wear it for short amounts of time – for example, while walking or cleaning the house – and never leave it on overnight.

Then ensure you've got great lighting for all of those amazing selfies!

**'IT MAY
HELP YOU
FEEL BETTER
ABOUT
EXERCISING'**

KoKo says she 'feels like a superhero'

Khloe cinches in on November 17

'Sweat and waist snatching session' in May

Photos: Instagram



KoKo finally reveals her diet!

In her new book *Strong Looks Better Naked*, Khloe unveils the diet that helped the gym-bunny lose more than 15kg! However, Sydney nutritionist Melanie McGrice reckons it could do with some tweaks to make sure it packs a nutritional punch.

"It's great to see her eating so many whole foods," she tells *NW*. "But it's a little low in grains and dairy so she won't quite be meeting her requirements for nutrients such as calcium, iodine, folate and soluble fibre."

Wake-up

Large glass of water.



Breakfast

Oatmeal and a cup of black coffee.



Snack

Apple with peanut butter or raw nuts. Khloe also keeps julienned veggies and fruit in her fridge for emergency cravings.



Lunch

Chinese chicken salad (super clean, no carbs).



Dinner

Steamed veggies and fish with cauliflower mash.

WHO'S USING THEM?

While the sisters may be the poster girls for the serious cinch, everyone from Lindsay Lohan to *The Real Housewives Of Atlanta*'s Kim Zolciak is having a go!

Yep, even Jessica Alba says she used the waist trainer's harsher relative to get her abs back after giving birth!

"I wore a double corset day and night for three months," she says of her post-bub ab routine. "It was brutal... sweaty but worth it." Ouch!



JWOWW

'Giving me AMAZING RESULTS!' the *Jersey Shore* star gushes

KOURTNEY

'Starting my Monday with a little waist training before I go to the gym!'



KIM

The *Real Housewife* says 'I have horrible posture... it really helps that too'



KYLIE

'Nothing wrong with a little extra help'



JESSICA ALBA



Who am I?

win
\$100

- I was born in Camarillo, California, in 1985.
- At aged 17, I landed in the TV sitcom *8 Simple Rules... For Dating My Teenage Daughter*.
- In 2014, I bought Khloe Kardashian's LA mansion, the same home that featured on her reality show.
- I voice furry character Eleanor in the new *Alvin And The Chipmunks* movie titled *The Road Chip*, out in December.
- My most popular role to date is Penny on the show *The Big Bang Theory*.

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SUDOKU

Fill in the blank squares so that every row, column and 3x3 square contains all numbers from 1 to 9.

			4					
3			1	6	2			8
9			3					2
	5		7		4		6	
7		9		8				1
	4		6	5	3		2	
2	3	7				5	8	6
5								4

Name that star!

Hidden in the box are some celebs' names. Use the pics to help you find their names, which are split into two and can be found in straight lines up, down, forwards, backwards or diagonally. The leftover letters reveal the name of another famous person.

win
\$100



to enter SMS 199 59 966 SMS cost 55c (inc GST)
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Winners



Picture quiz answers

A Miley Cyrus B Britney Spears
C Chrissy Teigen D Kaley Cuoco
E Coco Austin

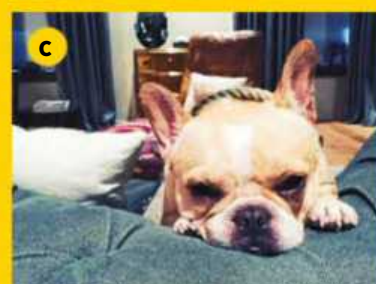
Crozzle No. 43/15
N. Stoute
Bayswater, WA
Solution
Bora Bora
Who Am I? No. 43/15
J. Whelan
Pioneer Bay, Vic
Solution
Rita Ora
Name That Star No. 43/15
J. Henderson
Adelaide, SA
Solution
Oprah Winfrey

Last week's Sudoku

6	4	2	3	1	5	7	8	9
5	3	8	9	6	7	4	1	2
1	9	7	4	8	2	3	6	5
4	1	6	7	5	3	9	2	8
9	8	3	6	2	4	1	5	7
7	2	5	1	9	8	6	3	4
3	5	9	8	4	6	2	7	1
2	7	1	5	3	9	8	4	6
8	6	4	2	7	1	5	9	3

PHOTO Quiz

PUPPY LOVE
Which celebs own these cute pooches?



CHOOSE FROM THESE CELEBS!
Kaley Cuoco, Coco Austin, Miley Cyrus,
Chrissy Teigen, Britney Spears

**Win
\$250**



to enter

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LET'S CHAT



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You're loving
hot new
couple Gigi
and Zayn!

Lucky
Zayn!
**Samantha
Camwell
Devlin**

I can deal
with this!
Eliza Elliott

She's
gorgeous!
**Amani
Safta**



Pic
of the
week!

#perfect #saturday
#cocktails #pool #iheartNW
@chantelle_jane



#iheartNW

For your chance to be featured here,
hashtag #iheartNW on Instagram and
show us your fave place to catch up
on your celeb goss!

New mum survival kit coming your
way @coraliedillon #seeyouSunday
#babyshowernumber2 @sarahstark19



Her dress!!
Megan Martin

Beautiful Suzie-q
Robinson

You were
totes in awe
of the #Jofia
wedding!



You
saw Aussie
hottie Chris
channelling
Tom Hanks!

Reminds me
of tom hanks
castaway
Michele Andrews

#wilson
#younger
tomhanks
Kell Petersen



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Britney Spears
December 2, 1981
 The eternal pop survivor might meet a game-changing friend or acquaintance this week – as long as she remembers to make her nearest and dearest the priority.

HAPPY BIRTHDAY

MON Kaley Cuoco, 30. Ben Stiller, 50.
 Chrissy Teigen, 30 **TUES** Zoe Kravitz, 27.
 Sarah Silverman, 45 **WED** Britney Spears, 34.
 Nelly Furtado, 37 **THURS** Amanda Seyfried, 30.
 Ozzy Osbourne, 67. Jenna Dewan, 35.
 Julianne Moore, 55 **FRI** Jay Z, 46.
 Tyra Banks, 42 **SAT** Frankie Muniz, 30.
 James Argent, 28 **SUN** Judd Apatow, 48

YOUR Stars

The week ahead with **Adele Lang**

Sagittarius NOV 23 – DEC 21

Attending an after-hours event? You could meet some interesting people. At least one might have a big bearing upon how you choose to live your life. Those close to you may not like being pushed aside temporarily, but they'll come around when they witness change for the better.

Capricorn DEC 22 – JAN 20

Solar activity should bode well for Capricorns in need of extra income. Blood-ties could play a big part in boosting your bank balance, but you will have to work very hard for your money. A good job, then, you're probably the most conscientious sign of the zodiac in that regard.

Aquarius JAN 21 – FEB 19

This star-gazer doesn't think that you're mean-spirited enough to withhold congratulations over a friend's good news. You're just feeling a little hard-done by. Still, you need to rise above any emotional lows you're experiencing to create your own new and improved future.

Pisces FEB 20 – MAR 20

According to your chart, you should avoid being suspicious of people who are going out of their way to help you. They're not doing it because they want something from you in return. In reality, your nearest and dearest are simply just eager to repay you for your many acts of kindness in the past.

Aries MAR 21 – APRIL 20

Mars could make you quick to anger. Pick your battles wisely, though, as not everything is worth getting hot and bothered about. Bear in mind that friends and family will forgive eruptions on your part. Same can't be said for people outside your social circle – especially work colleagues.

Taurus APRIL 21 – MAY 21

Although Venus is bringing out your benevolent side, don't feel you have to rush to everyone's financial or physical aid. Be choosy. The most deserving might be too proud to ask for your assistance. Observe domestic situations closely and you'll soon see who needs support.

Gemini MAY 22 – JUNE 21

If you sense someone has been lying to you, then call them out. According to this week's planetary positions, a confession is more than likely should you be brave enough to confront niggling issues. While being right all along might prove a hollow victory, at least the deceit will stop.

Cancer JUNE 22 – JULY 23

As the silly season fast approaches, loved ones might lose their heads. Take a step back. Sure, instigating a hands-off approach will be frustrating, but it's the only way certain folk will learn valuable lessons. Plus, you won't get accused of being an interfering so-and-so!

Leo JULY 24 – AUG 23

Astro-trends suggest now would be a great time to have a word at work. Your employers are open to suggestion, and that can't harm your near-future career-building options. Providing your pitch is positive and doesn't diss any colleagues, a promotion could be on the cards.

Virgo AUG 24 – SEPT 23

Mercury wants you to be cautious with money this week. Yes, it's that time of year when everyone's tempted to overspend but Virgoans, in particular, will regret reckless splurges. Give yourself a budget and hold on to your savings. Then you'll be covered for unexpected bills.

Libra SEPT 24 – OCT 23

Your love planet Mars predicts potential problems with a suitor or a spouse. Normally what you say goes. This week you might not easily get your way. Rather than throw a hissy fit when a lover refuses a request, be so gracious in defeat they'll probably do an about-face.

Scorpio OCT 24 – NOV 22

Imminent travel plans could be suspended in forthcoming days. While you might be disappointed by such delays, comfort yourself that bad timing might work in your favour. Indeed, the planets indicate a postponement will possibly turn out to be a blessing in disguise.

Your weekly LOVE planner

♥♥♥ Romance looks set to be a scorcher
 ♥ Might be more fizz than sizzle

♥♥ Expect more than a few warm, fuzzy feelings
 ✕ Hmm, maybe wear your thermals

	Aries	Taurus	Gemini	Cancer	Leo	Virgo	Libra	Scorpio	Sagittarius	Capricorn	Aquarius	Pisces
MON	♥♥	✕	♥♥	♥♥♥	♥	✕	♥♥	♥	♥♥♥	♥♥♥	♥	✕
TUES	✕	♥♥	♥	♥♥♥	♥	♥♥	♥♥♥	♥♥	♥	♥♥♥	✕	✕
WED	♥	♥♥♥	✕	♥♥	♥♥♥	♥	♥	♥♥	✕	♥♥♥	♥♥	♥♥♥
THURS	✕	♥	♥♥♥	✕	♥♥	♥♥♥	✕	♥♥♥	♥	✕	♥♥♥	♥
FRI	♥♥♥	✕	♥	♥♥	♥♥♥	♥♥	♥	♥	♥♥♥	♥♥	✕	♥♥
SAT	♥♥	♥♥♥	♥♥	♥♥♥	✕	♥	♥♥♥	♥♥	♥	✕	♥	✕
SUN	♥♥♥	♥♥	✕	♥	✕	♥♥♥	♥♥	✕	♥♥	♥	♥♥	♥♥♥

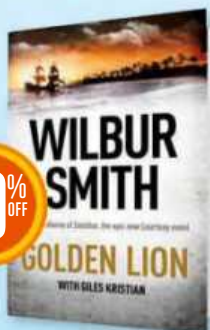
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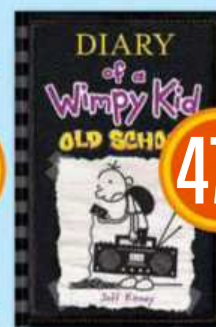
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SALE ENDS **DECEMBER 24**

Think Big

BIGW

The **BIG NW**
turn
on

Downsize

"Just tried a new diet/training program called 'Lost At Sea'. Wouldn't recommend it," he posted on Insta.

Chris

'The diet killed me!'

The Aussie hottie was on a brutal slimdown for his new movie *In The Heart Of The Sea*

He famously gained 13kg of buffness for his role as Thor, but **Chris Hemsworth** says his latest diet plan for *In The Heart Of The Sea* was hell!

To prep for his role as Owen Chase – the first mate of a whaling ship stranded at sea for 90 days – the 32-year-old reveals he had to stick to a strict diet of just 2000KJ to 2500KJ a day in order to obtain the emaciated look.

"None of us had to act hungry or exhausted because we all felt it," says the once-ripped hunk. "You try to convince yourself you're not hungry when you are."

Indeed, his meagre rations of fish and vegies were a stark contrast to the 17,000kJ he ate each day for *Thor*. We bet he couldn't wait to get stuck into some good Aussie tucker after all that – especially now he's living back home in Oz with wife **Elsa Pataky** and children **India**, **Tristan** and **Sasha** in Byron Bay.

The star says being in LA was "suffocating", adding that they're loving life Down Under.

"Being back here this time, I really noticed the difference," he says. "You feel like a human being again."

And we've noticed he's been embracing his inner Aussie tough-guy on Insta lately, too...



Kylie WANTS TO BE IN Empire

The second season of *Empire* is fierce enough, but things could get a lot more interesting if **Kylie Jenner** gets her way! Yep, sources reveals that Ky is obsessed with the show – and wants a part!

"She'd love to be on it. And she's even got a storyline in mind. She'd love to be one of Hakeem's new love interests!" says the insider. We'd love to see the look on Cookie's face if it happened!

And the show would be the perfect fit – rumour has it Ky wants to become a rapper and has already laid down her first single!

"She eventually wants to record a whole album and top the charts," says the source. "She really thinks she's going to be the next Nicki Minaj."

Empire Tuesdays 9.30pm on Eleven. Season Two soundtrack is out now

He's a real
action man
on Insta!



"Selfie with my mate," he says. Move over, Spider-Man!



"The family who train together, stays together!" he jokes, hanging with one of his twin sons on a treadmill



"Hangin' with the locals in my backyard... the real Jurassic Park!" says Chris. Yep, totes chilled with a massive snake in the background!

COLDPLAY

New album *A Head Full Of Dreams* features collabs with **Beyonce** and **Noel Gallagher**. "It's the sound of us being free and happy," says **Chris Martin**. Wonder what J-Law and Gwyn think about that?!

A Head Full Of Dreams is out Friday



MUSIC

The Hot LIST

DVD



PAPER TOWNS

This movie adaptation of **John Green's** novel *Paper Towns* stars **Cara Delevingne** as enigmatic Margo, who sends neighbour Quentin on an adventure of a lifetime.

Paper Towns is out Wednesday on DVD

SUPERGIRL

Meet Kara Zor-El (**Melissa Benoist**). She's Superman's cousin who arrived on Earth from Krypton as a tween and has been raised by a human family. Now she must embrace her powers while keeping her boss Cat (**Calista Flockhart**) at media empire CatCo happy.

Supergirl Sundays
8.30pm on Fox8



TV

THE NIGHT BEFORE

Seth Rogan, **Joseph Gordon-Levitt** and **Anthony Mackie** star in this flick about three besties on an epic night out at Christmas. **Miley Cyrus** makes an appearance as herself for a rendition of *Wrecking Ball*. Random!

The Night Before is in cinemas Wednesday

FILM



5

THINGS TO KNOW ABOUT

SAM SMITH

You might have cried bucketloads to his break-up song *Stay With Me*, but how much do you know about **Sam Smith**? As he kicks off his Australian tour, we give you the lowdown on our man Sam.

1

Sam used to clean toilets in a pub for a living!

"I was working in a bar... I was cleaning toilets in a bar. I remind myself of that every day!"



Sam says that **Lily Allen** and also her brother, *Game Of Thrones* star **Alfie Allen**, are his third cousins.

2

He's related to Lily Allen! Musical talent appears to run in the family, as

3

He has bad OCD

Sam says he always has to make sure he's checked the tap before he leaves the house in case it causes a flood!

4



Gaga got him busted!

"I once got thrown into detention for skipping class and going to a **Lady Gaga** concert," he reveals.

5

He got drunken tats

Showing off a wilder side, Sam says he got a tattoo of an ice-cream cone on his left leg during his first visit to LA and one of a plane when he was drunk!



In The Lonely Hour (Drowning Shadows Edition) is out now



'I am never ever
getting my shiz
back together'

10 TIMES TAY WAS SO DAGGY *she was cool!*

She might be the queen of showbiz, but T-Swizzle has an undeniable dork gene!

Taylor Swift's had the best year ever, what with making stacks of cash, owning award ceremonies and cosying up to mega hunk, Calvin Harris. And now to top it all off, she's currently in

Oz for her 1989 world tour. But while she might be kicking all her life goals, we love how the 25-year-old is actually a total dag! Here are 10 times the adorbs singer made us ROFL with her dipsy ways!

CATCHING FLIES

Gotcha! Tay might have been in the middle of a live TV interview—but she wasn't going to let that get in the way of a good fly swat! Pure pride on her face, squashed fly on her hands!



TOTAL TECHNOPHOBIC

Despite being set to co-host next May's technology-themed Met Gala in New York, there was a time when Tay didn't know how to take a selfie or download her album from iTunes! "Do I do it on a computer?" she asked fans. Bless!



OTT EXCITEMENT

Seeing Taylor totally lose it when Lorde won a VMA for the best rock video takes friendship goals to a whole new level. It's no wonder everyone wants to be her BFF.



INNER NERD

Tay happily slipped back into dweeb zone when she played Nerdy Natalie for a skit on Jimmy Fallon's show. And she admits she'll never totally stop being a nerd. "I think you have to do things that make you geek out like a kid again," she says. "Because being cool means being bored!"



REAL-LIFE PADDINGTON BEAR

Only Taylor would take style inspo from a children's book character and get away with it. Here she is looking just like Paddington Bear with a coolness only Tay can make work!



WARDROBE MALFUNCTIONS

From wearing a top back to front, to her dress blowing up and showing off her undies to the whole world, Tay rolls with it and laughs it off!



How it should be worn...



STAGE FRIGHT

For someone who's spent years in front of the lens, Taylor was freaked out in front of the cameras on *The Voice* set! "Where are they?" she asked frantically. "This is terrifying. Do you guys have drones?"

CRAZY CAT LADY

While most pop stars are busy pouting for selfies, Taylor is all about showing off her cats Meredith and Olivia on Insty. Whether she's sharing a shot of Olivia's snowman impression or a snap of Meredith lounging over the singer's shoe collection, Tay's one proud cat mamma!



DAGGY ALBUM

She has the coolest records. Who could forget the Christmas album she made? Yep, in 2007, her *Holiday Collection* was a thing!



THOSE COWGIRL BOOTS

She openly admits that hanging around with supermodels has helped her dress sense. But we'll always remember *those* cowgirl boots—which had her name on them!—that she wore again and again...



Reality WEEKLY

The hottest goss from the box

SPENCER'S *roid rage!*

The *Made In Chelsea* star shouts, 'I'm A Celebrity... Get Me To Rehab!' as he admits to using drugs

Well, we didn't see this one coming! *Made In Chelsea* love rat Spencer Matthews is on his way to rehab after being sensationally kicked out of the UK's *I'm a Celebrity... Get Me Out of Here!* because he's hooked on steroids.

Yep, after flying all the way from London, Spenny was ejected from the Queensland jungle last week – much to the shock of his fellow Brit reality star buddies Ferne McCann and Vicky Pattison.

The 26-year-old *MIC* star – who upped his fitness to train for a charity boxing match he mysteriously pulled out of earlier this month – has 'fessed up to fans about his roid use and the reasons for his shock exit.

"Why did I leave *I'm A Celebrity* after just three days? The simple answer is that I screwed up, and have some explaining to do," he says, amid reports the production team decided he'd be risking his health to stay there.

"Shortly after I arrived in Australia I told the production team that I was

taking a steroid-based medication that had begun some weeks ago."

He explained "vanity" was the reason he'd wanted to bulk up.

"I had intended to come off the pills gradually, but there was no time to do this before I reached the jungle," he added. "Taking these pills was a serious error of judgment which I hugely regret. I have disappointed my family, friends and fans."

It didn't take long for his scorned ex Lauren Hutton to take advantage of his downfall, tweeting, "Well that lasted long... Even your relationships last longer (just). I think I'd make a better contestant." Ouch!

And sources say the situation has come as a shock to his family, who were completely in the dark!

"Spencer's family are distraught because they didn't know what was going on. This has come out of the blue," says an insider.

"He has one of the best teams in the business around him and they are having talks about how they can save his career. Their main priority is looking after Spencer and making sure he is on the straight and narrow."





Flight of shame

At Brisbane Airport going home on November 21.



The bikinis

Didn't anyone tell Vicky it's rude to stare at your mate's tits?! No wonder Ferne looks like she wants to disappear



Erm, it's not a Bond Girl audition, Vic!



Vicky gets a bug-load down her cleavage!

The challenges



You can't be that hungry, Ferne!

Meanwhile, it's jungle fever...

Vicky hasn't wasted time showing off her ample assets! TOWIE's Ferne has been proving she's got bigger balls than we thought, and her co-star Gemma Collins is back for more gross bush grub in spin-off series *I'm A Celebrity Get Me Out Of Here Now!*

Spencer's vanity project



The flirting

Spenny and Ferne looked close before he left



Croc penis

Gemma really shows what she's made of as she has a brave bite of a croc's penis in the series spin-off show. She's being much gutsier than last year when she stormed out of the jungle early on!



Teresa was sentenced to 15 months prison for fraud

#TRENDING

Teresa's PRISON TELL-ALL!

The Housewife is lifting the lid on life as a jailbird



Slammer time!

Her memoir will hit the shelves in February.

Following on from her spin-off TV series *The Real Housewives Of New Jersey: Teresa Checks In*, Teresa Giudice is releasing an explosive memoir about her time behind bars.

Turning The Tables: From Housewife To Inmate And Back Again, will document her dramatic rise to reality TV fame in *The Real Housewives Of New Jersey*, her marriage to Joe Giudice and her stint in the slammer.

"People think they know everything about me... but they don't. Not even close," teases Teresa, who is rumoured have been paid a seven-figure sum for the memoir.

So, what kind of dirt can we expect? Well, judging by these extracts, there'll be violence, prayers and heartbreak galore! Sounds like one for book club!

With her rumoured release date set for December 23, we bet Teresa can't wait to be home for Christmas. Although her happiness won't last long as Joe has to head off to jail in March to serve his part of the sentence!

HEATHER'S AWKS RUN-IN WITH SAM!

Sure, she's found love with actor Andrew Steel and landed her dream job as co-host on *I'm A Celebrity Get Me Out Of Here Now!*, but no-one can blame Heather Maltman for legging it out of a recent Network Ten party when her *Bachelor* ex Sam Wood showed up with

partner Snezana Markoski!

"Heather looked so awkward," an witness tells NW. "She was trying to look deep in conversation with people, but you could tell she was dying to leave!"

"After the presentation, which largely centred on Sam and Snez, Heather totally hot-footed it out of there!"

And she wasn't the only one.

"Sam looked on edge - there's still clearly some awkwardness between them," adds the source.



Snez and Sam on November 19



THEN



The 10-year-on the red carpet on November 19

Honey Boo Boo gets a makeover!

Honey Boo Boo is all grown up! The child beauty pageant star was a whole new girl at the *Marriage Boot Camp: Reality Stars* launch.



NOW

VG

What we're
buzzing about
this week!

BRANDI snaps!



Ask an
honest question,
get an honest answer from
NW's straight-shooting
agony aunt Brandi Glanville!

**FEBRUARY,
UNDATED**

"There is a lady in here,
she hit her roommate.
The officers are up
here now to evaluate
the situation. She is
a crazy lady who fights
with everyone."

Teresa's jail diary!

**FEBRUARY 1,
DAY 27**

"Great Mass. I enjoy
[going to church],
it makes me feel
good after I go and
during I feel like
God is really present
there with me."

**MARCH 16,
DAY 70**

"I got an email
from Gia. She
got an award
for perseverance.
I started crying at
the computer. I was
so happy for her and
saying to myself, 'That
is my daughter.'"



Teresa's missed her
family terribly while
she's been in prison

*Hi Brandi,
The other day I checked my boyfriend's
phone and there were messages to
a girl he works with. While they
weren't explicit, they were flirty and
they were both putting 'x' at the end.
Should I tell him I've snooped into his
phone? It might have been nothing and
he could get really upset with me for not
trusting him. Help! Sara, Perth*



"Don't check your boyfriend's phone if you don't want to find
something you're not going to like! If it's out of character for
him to write a kiss, then I might act upon this, but don't let
him see your crazy paranoid side until you've got more proof.
Surprise him at work and see who this bitch is. Tell him
you've brought him his fave lunch and introduce yourself
to all his colleagues. You have to get the vibe in person."

*Hi Brandi,
I've always known I've got slightly odd-shaped boobs but
a guy I was having a one-night stand with the other night
actually asked me if I've ever thought about having
a boob job! He said that no-one has real boobs anymore
and it's all about getting 'fakies'. I know I should
completely ignore him, he was a total meathead,
but now I'm really self-conscious. Should I just get them
done or do you think I'll regret it? Jackie, Gold Coast*

"That guy needs a talking to – that's just disgusting. He needs
to focus on himself if he's going around saying stuff like
that to a woman. I think you should have said, 'Do you know
they make penile implants? You can go now.' I wouldn't have
tolerated that behaviour for a second. If you feel like you
want to get your boobs done, then go ahead but don't do it
because you've in any way listened to this total idiot."

SAM SPILLS 'LANA'S THE PERFECT BACHELORETTE!'



Sam Frost found love with Sasha Mielczarek
on *The Bachelorette*, and as speculation
mounts that Lana Jeavons-Fellows could
be her successor, Sam tells us she reckons
Lana would be perfect for the job.

"I think she'd make a great Bachelorette,"
Sam revealed to NW on a night out in
Sydney. "Lana's quite beautiful and
appeals to a lot of people."

And despite having such a rough ride
as an intruder on *The Bachelor* this year,
Lana – who's still single – says she wouldn't
say no to starring on the show.

"Never say never!" she spills.



Ask Brandi
anything... Yes,
ANYTHING!
email:
askbrandi@bauer-
media.com.au



The queen lets loose

This season of *Vanderpump Rules* has us hooked, but the dramas at Sur Restaurant in LA have nothing on the craziness that's in store when *The Real Housewives Of Beverly Hills* returns to our screens this week!

We caught up with the leading lady of both shows, Lisa Vanderpump, to get the dirt on everything from the bed-hopping in VR to what she thinks about RHOBH's new Housewives, Yolanda Foster's illness and that rift with Brandi Glanville!

Vanderpump Rules has had us glued to the screen. What else can you tell us about this season?

It's going to be the best yet because we've got deeper issues and it's moving along very quickly. The new people are really shaking it up!

James and Lala are changing things up for sure, and there's a lot of competition over who's going to be the big cock around the restaurant! James and Jax certainly go at it.

Scheana told us that she ends up making it work with Mike despite his shocking drug addiction confession. Do you think they'll last long-term? I don't know if they're going to be OK, actually. I really hope so because she truly loves him and it's a very strong relationship. I do think he was wrong though, because

The First Lady of reality talks *Vanderpump Rules* and why this season of *RHOBH* will be the most explosive yet!

What drama?

Lala and Scheana play down rumours of conflict.





RHOBH's Erika Jayne, Eileen Davidson, Kyle Richards, Yolanda Foster, Lisa Rinna, Lisa Vanderpump and Kathryn Edwards

when you marry somebody you have to be honest. I keep my fingers crossed because I know how much she wants it to work. I'm close to her so I hope so.

Is Scheana your favourite?

I'd say I'm equally close to Katie – they've worked with me for a long time. I used to be close to Stassi but that relationship changed – she changed that. There's a lot about that young woman that I don't understand and I've given up trying to.

How about Lala – she's ruffled some feathers! She's a dichotomy. She's got this big tough-girl image and then she kind of quivers, it's quite interesting. You'd think she's one thing and then she shows you another. She changes the dynamic in the group. A lot of people are resisting her, but that's life.

She's now getting it on with James – that didn't take long!

Things move very quickly. I have to watch the show to understand who's with who because they change their partners more than I change my underwear! They're frisky and they're naughty and they love it.

We're also mega excited about RHOBH. What are the new Housewives Erika Jayne and Kathryn Edwards like? Certainly one is different from anyone that I've ever met before, but you're going to have to watch the show for that one. I like both of them and I think they were good additions, that's for sure.

You're one of the Housewives questioning Yolanda Foster's Lyme disease. What do you make of it now? That's a precarious subject for me. I've never doubted her having Lyme

disease and you'll see how that plays out. Yolanda and I haven't always had the best of times but that would never enter my mind.

And are you excited about old faces coming back onto the show for the upcoming season?

I'm not excited about Brandi coming back – I didn't have any interaction with her. It's always good to see Adrienne and Camille. And Taylor – she's been through a bit of a nightmare in her life but now she's found happiness, which I'm really happy about.

Which other Real Housewives show would you like to pop into for a cameo?

The Real Housewives Of New York, I'd like to pop in there! I like Bethenny Frankel, we filmed with her in New York this season and I liked sparring with her because she's very bright.

Kim Richards has had a really rough time of it over the last 12 months or so. How is she doing?

I've seen her, she looks wonderful – she's got a smile on her face. It was all a bit of a nightmare, but she's doing really well and I'm thankful because it hasn't been that easy with her. She's had a few pops at me in the past, but when someone is struggling in their own life you have got to dismiss anything like that, put it aside and support her in her fight for sobriety. I think she looks fabulous.

Vanderpump Rules season four Tuesdays 8.30pm on Arena. Season one of Vanderpump Rules is out Wednesday on DVD

RHOBH RETURNS!

Our fave show's back...
and the fur's already flying!



BRANDI HITS OUT – 'YO IS NO FAKE!'

The Housewives can be a merciless lot, and our columnist Brandi Glanville is not happy about some of the women accusing Yolanda Foster of telling porkies about her Lyme disease diagnosis. "Those bitches are f**king with the wrong blondes," says Brandi. "It's disgusting, I'm disgusted from what I've heard. It's unnecessary. They're just deflecting their own weaknesses."

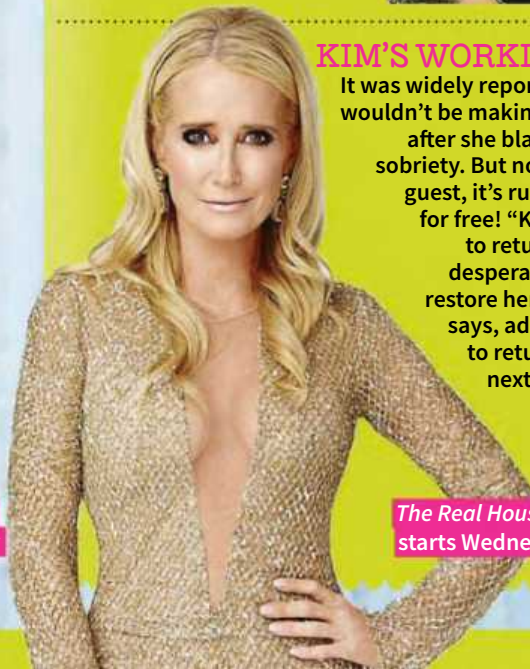
CODY SIMPSON'S MUM JOINS THE CAST... KIND OF!

Earlier this year we revealed the singer's mum Angie Simpson would be on the show, and we were right! "Yes, I started filming on the *RHOBH* this season... But due to my USA working visa being declined by immigration I had to pull out of the show and the rest of the season," she says. Boo! But look out for Angie's occasional cameos.



KIM'S WORKING FOR FREE!

It was widely reported that Kim Richards wouldn't be making a return to the show after she blamed it for her lapse in sobriety. But not only is she back as a guest, it's rumoured she's working for free! "Kim wasn't paid a dime to return to *RHOBH*. She was desperate to get back on TV to restore her reputation," a source says, adding, "Kim would love to return to *RHOBH* full-time next season and is open to being brutally honest about her battle with booze and pills."



The Real Housewives Of Beverly Hills starts Wednesday 8.30pm on Arena

Yep, we see you!

STAR SPY

'Hey lady, it's my selfie next!'

'Yep, I look like a real basket case'

IT'S A WRAP!

Renee Zellweger doesn't look thrilled to be riding around London half-dressed. But the nanna robe isn't the new lycra for cyclists - she's in the UK capital filming *Bridget Jones's Baby* and the city's gotten chilly. We're glad to see she remembered her helmet!

'I tend to go for posh girls'

EYE ON THE PRIZE

Who wants to watch tennis balls when you can perve on Goldenballs instead? Certainly not these ladies! They make a beeline for Sexiest Man Alive **David Beckham** at the ATP World Tour Finals in London, nudging his son **Romeo** out of the way. Hey, all's fair in love and Becks!

'The Hunger Games? More like the drinking games!'

HOT SHOT ACTRESS

Now we know why **Jennifer Lawrence** keeps stacking it at events. It's hard enough walking in stilettos, let alone sinking bourbon shots on the red carpet! She's getting the party started early at *The Hunger Games: Mockingjay - Part 2* premiere in NYC.



'I could grate cheese on that thing'

'I've always been a picky eater'



SNACK ATTACK

When you've got the attack of the munchies, table manners go straight out the window! A ravenous **Mischa Barton** puts in one of her finest feasting performances at a cafe in Beverly Hills. She's on a break from filming scenes for new drama flick *Father*.

'If you walk and eat, it doesn't count!'



'Being in the spotlight sure is dehydrating'



'Check out the new recruit for the LA Lakers!'



'Is that Christina Aguilera?'

COURT JESTERS

Hasn't anybody told **Jay Z** it's rude to point? But considering his wife **Beyonce** runs the world, we suppose he's free to do as he pleases! The music mogul and his rapper pal **Ty Ty** look like they're at a comedy club, rather than watching a basketball game at the Staples Center in LA.

WAIT!
there's
MORE

Because we know how much you love your gossip

So far so hot!

Cara and Kate pose for Spanish label Mango.

MODEL MUSES

She may have quit the catwalk in favour of the big screen, but Cara Delevingne is still a major fashion force to be reckoned with.

She's teaming up with her mentor and supermodel icon Kate Moss in the new ad campaign for Spanish label Mango. It's the third time the hard-partying pair have posed up a storm together, having previously starred in two Burberry campaigns.

"Having Kate as my partner in crime is ideal," Cara says about landing the coveted gig. "We're a lethal combination."

Lethal and stunning!



Cara and Kate strike a pose for Mango's Evening 2015 range



The WEEK in
NUM3ER5

25,000

The number of books Taylor Swift donated to 25 schools in New York. Onya, Tay!



\$3132

The price of a stunning Mischka Aoki designer dress Blue Ivy was wearing in a recent Instagram snap posted by mum Beyonce.



\$990

The amount per visit Demi Moore pays for her pet chihuahua Vida Blue to get doggy acupuncture sessions every fortnight. Only in LA!

\$2769

How much Justin Bieber is charging fans for a selfie with him on his Purpose world tour.



Nori's

A FASHION BLOGGER

Does Tinseltown's youngest fashionista North West have plans to launch her very own style website?

Well, it was only a matter of time!

Kim Kardashian's tech-savvy two-year-old follows a bunch of fashion blogs on her iPad and now wants one of her own.

"She's got this little template where she can drag pictures of things she likes," says an insider.

The source also reveals that Nori uses emojis such as sunshine faces and a thumbs-up to show what she thinks of them. Natch!



Ed heads to Hollywood!

Ed Sheeran has joined the cast of *Bridget Jones's Baby*!

Yep, our favourite ginger crooner confirmed his cameo after tweeting an on-set snap with Bridget Jones herself Renee Zellweger.

"Spent the day being an actor in the new Bridget Jones movie. Loved it, you're gonna love it too..." he wrote.

While Ed didn't reveal whether he will be playing himself or a fictional character, the movie crew was spotted filming at his Dublin concert back in August.



Red-hot movie star

Move on, Mr Darcy, there's a new nice guy in town!



A royal reunion



What a difference two decades makes! Ditching their daggy '90s wardrobe of MC Hammer pants, tie-dyed tees and sweater vests, Will Smith and his *The Fresh Prince Of Bel-Air* co-star Alfonso Ribeiro suited up for the premiere of Will's new flick *Concussion* in LA. Still looking, er, fresh there fellas!

WAIT!
there's
MORE

Julianne, Aaron and Vanessa
star in *Grease: Live*



SHE'S THE ONE THAT WE WANT!

Grease is the word on Julianne Hough's lips – and she's nailing the Sandra Dee vibes in this first-look poster for the upcoming *Grease: Live* TV movie event.

"I can't wait to play the iconic role of Sandy, and be with this incredible cast," she gushed on Instagram.

And joining Jules for the live musical remake, which airs on US network Fox on January 31 – is *Les Misérables* actor Aaron Tveit as Danny and Vanessa Hudgens channelling her inner bitch as the original mean girl Rizzo. We can't wait!

Trollin'

Miley Cyrus's spiky crown isn't the only thing she's copying from the childhood toy. Just like them, she hates wearing clothes!

Emma Stone should be more worried the wind doesn't change rather than her outta control locks. Not your best look, Em!

The Weeknd says, 'I want to be remembered as iconic and different.' Well, his hair is certainly a good start!



Matty does Adele...



...a game-show contestant



...and a hillbilly hippie chef!

ALRIGHT, ALRIGHT, ALRIGHT!

After a string of intense dramas like the Oscar-winning *Dallas* *Buyers Club* and season one of *True Detective*, we'd forgotten Matthew McConaughey had a funny bone!

But taking on the *Saturday Night Live* hosting duties for the first time in 12 years, he had us lolling

with his many impressions – including a radical game-show contestant, a leather-clad town-hall protester and Adele!

Yep, the 46-year-old Texan took on the guise of the 27-year-old British singer to parody her *Hello* vid. Hilaire!

AL MEANS B



ing with it



A hair-raising new trend is sweeping Tinseltown – Troll tresses! In fact, out fave celebs are embracing the gravity-defying look



Gwyneth Paltrow's mane is styled for take-off as she runs through JFK airport. That's some jet-powered lift!

Beyonce whips her hair back and forth to send her weave sky high on stage in Brooklyn

BUSINESS

Alessandra Ambrosio proves she's got brains as well as beauty – not to mention that banging body! – as *Maxim* mag's December cover girl.

We just hope the Brazilian remembered her sunscreen!

Crowned the world's sexiest businesswomen by the mag, which describes her a “sexy and powerful”, the bronzed babe says her mother and grandmother are the inspiration behind her strong work ethic.

“The women in my family were my role models,” says the 34-year-old. And we have no doubt they're just as proud of her!



Becks's girl hits the keys on November 21

Photo: Instagram

HARPER HITS THE NOTES!

David and Victoria Beckham's daughter Harper is becoming quite the accomplished youngster. As well as ballet and horse riding, she's also a budding pianist. The four-year-old's proud dad shared this snap of his mini Mozart tickling the ivories – in her fairy costume, of course! “Just a casual Saturday morning playing Mary had a little lamb,” he wrote.

RUMOUR has it!

Chrissy Teigen and Kim Kardashian want to sell baby clothes



TRUE

Our insider says Chrissy wants to produce a maternity line with Kim – and Kim's considering it!



Liam Hemsworth loves wearing silk pyjamas in bed

FALSE

The Aussie hunk reveals he wears “not a lot, very little – I just like to be free”. Rumoured lover J-Law is a lucky gal!

Rihanna's launching her own range of marijuana products



TRUE

Her MaRihanna pot line goes on sale in the US next year and includes marijuana flowers, edibles and concentrates.



REMEMBER WHEN...



Wowzers, Salma Hayek was able to do the splits while soaring through the air as a youngster! Wowzers! Clearly, the star has had plenty of practice living the high life! The Oscar-nominated actress gave us major flexibility inspo after throwing back to her days as a baby gymnast in Mexico. "I wish I could still do that but at least I have proof that once upon a time I was a #gymnast," she captioned the Insta pic.

WAIT! there's MORE!

Photos: Instagram



Everyone's a winner at Tay's on November 18

SHORT HAIR, DON'T CARE!

Lara Worthington and her new pixie 'do need to get a room! The model looks totes in love with her locks while shooting in Sydney - and we don't blame her! "Morning at the beach," she captioned one snap, with another showing her running her hands through her 'do. Instant. Hair. Envy.



The Rollercoaster of Love

LOVE KEY

IN LOVE

NEEDS WORK

IT'S OFF

JAMIE & AMELIA

Fifty Shades Of Grey hunk Jamie Dornan and Amelia Warner are expecting baby number two! The couple - who are already parents to two-year-old Dulcie - were out in London recently, with Amelia showing off a noticeable baby bump.



REESE & JIM

Reese Witherspoon and Jim Toth are working hard on their marriage after going through a rocky spell. "There's tension between them," a source tells US OK! mag. "They know marriage isn't easy, but it shouldn't be this hard either."



LEN & KATE

As NW previously reported, it's been confirmed that Kate Beckinsale and hubby Len Wiseman separated months ago amid reports he's close to model CJ Franco. "They are still friendly," one pal tells People mag.



Squad night in



Taylor Swift is officially the most thoughtful friend on the planet. Tay invited some of her *Bad Blood* squad – Cara Delevingne, Karlie Kloss, Mariska Hargitay, Gigi Hadid, Selena Gomez and Lily Aldridge, plus Cindy Crawford and her daughter Kaia Gerber – to her plush New York pad recently to celebrate their MTV VMAs Video of the Year win... again!

But this time, the generous pop star presented each of her video-guesting besties with a trophy of their own!

"Thanks for the @MTV #MoonMan @TaylorSwift!" Cindy captioned one epic squad shot. Meanwhile, Selena gushed, "We just show up. Thank you for making us and all beautiful women feel beautiful."

Seriously, what do we have to do to score an invite?



Tay's cat Olivia Benson is named after Mariska's *Law & Order* character!



Taking steps to party

GIRL DUNN GOOD

She may have ruffled feathers by slamming the Victoria's Secret runway show a few weeks ago, but that's not stopping Jourdan Dunn from doing what she does best – parading around in little more than her knickers and a pair of kicks. The UK Model Of The Year winner looks smokin' hot in lingerie under fur for luxe footwear label Buscemi's latest campaign. Um, are we the only ones not looking at the shoes?

No shoes on the couch, Jourds!



Big Bird wants his coat back

They said what?!



"The first thing I'd teach a girl of mine is the words 'fk off!'"**

Helen Mirren weighs in on the Hollywood gender pay gap.



"It did make me cry, I'm an emotional guy!"

Pass Justin Bieber the tissues. The singer lets slip that *The Notebook* is one of his favourite movies.



"I'm not going to miss [Josh] spitting spit bubbles... where I'm eating!"

J-Law won't miss *Hunger Games* co-star Josh Hutcherson now filming's wrapped.

Last LO!

'London really is the pits!'

Rita Ora is riding high on a double-decker bus while crossing London Bridge in the UK capital.

'I feel like I make a good point here'

Eva Longoria keeps the Eiffel Tower in perspective while vacaying in France.

Paris Hilton – and her camel – steal the spotlight from the pyramids in Egypt.

'This is totally my best angle'

Sightseeing WITH THE STARS

Two icons are better than one

'I guess you can call me a poser...'

Kim Kardashian can't believe the Christ the Redeemer statue is bigger than her in Brazil.

Will Smith takes inspo from the Leaning Tower of Pisa to find his best angle in Italy.

'Now where's the tower of pizza?'

'Welcome to my new Indian holiday home'

Tom Cruise uses camera trickery to tower over the Taj Mahal in India. Nice try, Tommy!



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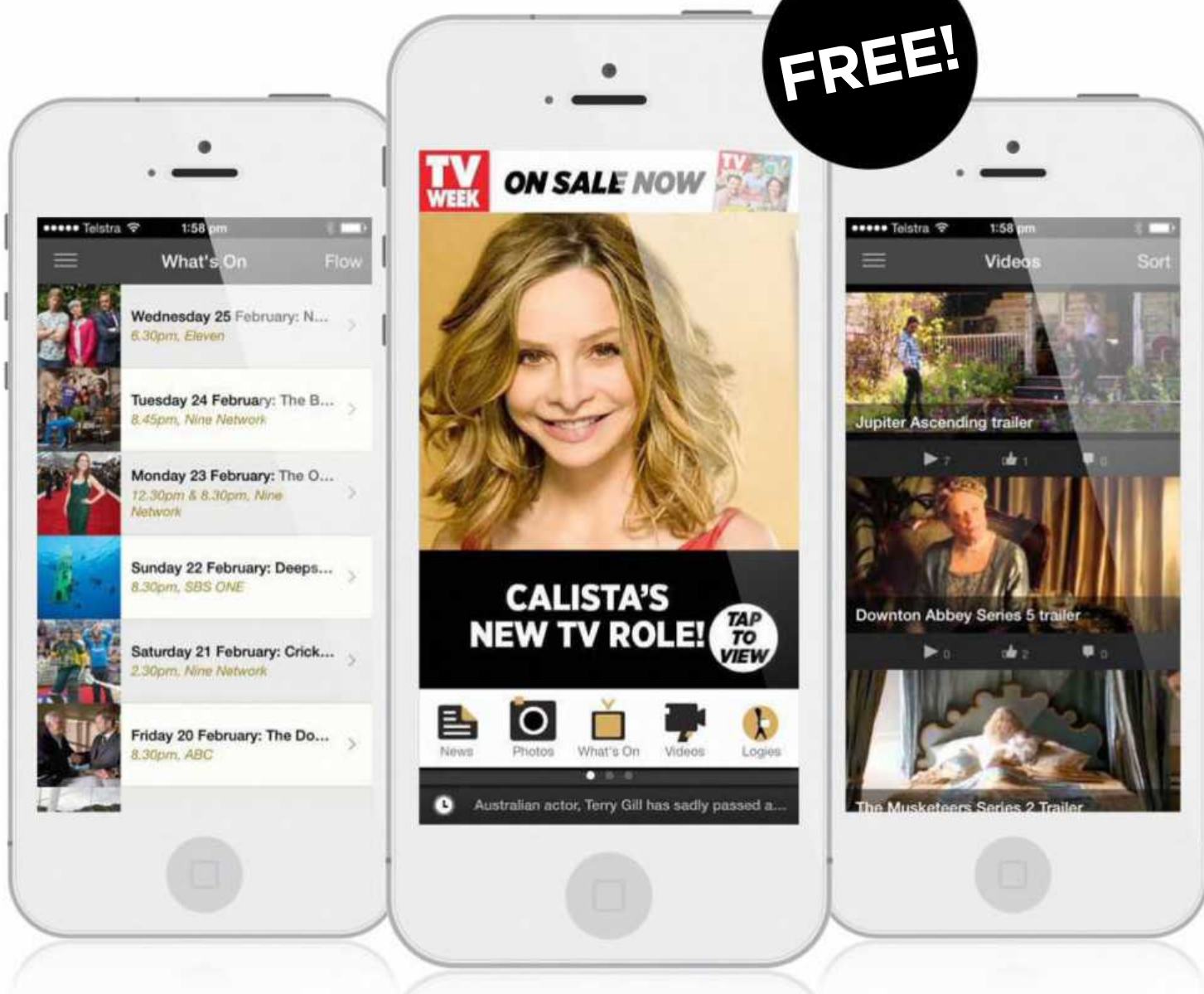
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